Innovations in Hip Arthroscopy  
November 3-4, 2023  
Orthopaedic Learning Center, Rosemont, Illinois

<table>
<thead>
<tr>
<th>Lecture</th>
<th>Topic</th>
<th>Duration</th>
<th>Speaker</th>
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<tr>
<td>10 Minutes</td>
<td>Diagnostic Work-Up for Hip Injuries – History, Exam, Imaging, Injections</td>
<td>J.W. Thomas Byrd, M.D.</td>
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<tr>
<td>10 Minutes</td>
<td>Operating Room Setup – Design, Team, Bed Selection and Access</td>
<td>Stephen K. Aoki, M.D.</td>
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<tr>
<td>10 Minutes</td>
<td>Labral Management – Debride, Repair, Reconstruct, Augment</td>
<td>Marc J. Philippon, M.D.</td>
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<td>10 Minutes</td>
<td>Osseous Management – Cam</td>
<td>Michael J. Salata, M.D.</td>
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<tr>
<td>10 Minutes</td>
<td>Osseous Management – Pincer, AIIS, Os, Acetabuli</td>
<td>Christopher M. Larson, M.D.</td>
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<td>10 Minutes</td>
<td>Capsular Management – Capsulotomy, Capsular Windows, Exposure and Repair/Plication/Reconstruction</td>
<td>Shane J. Nho, M.D., M.S.</td>
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<td>10 Minutes</td>
<td>When Hip Arthroscopy Is Not Enough – When to Consider Open Surgery</td>
<td>Andrea M. Spiker, M.D.</td>
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<td>10 Minutes</td>
<td>Management of the Peritrochanteric Space – Bursectomy, Endoscopic Versus Open Repair, Augmentation</td>
<td>Benjamin Domb, M.D.</td>
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<td>10 Minutes</td>
<td>Hamstring Repair – Open Versus Endoscopic: Graft Augmentation</td>
<td>Richard C. Mather III, M.D., M.B.A.</td>
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<td>10 Minutes</td>
<td>Microinstability</td>
<td>Marc R. Safran, M.D.</td>
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<td>10 Minutes</td>
<td>Deep Gluteal Space</td>
<td>Hal D. Martin, M.D.</td>
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<td>10 Minutes</td>
<td>Management of the Athletes Hip/Four-Layer Concept</td>
<td>Bryan T. Kelly, M.D.</td>
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<td>10 Minutes</td>
<td>Ultrasound Imaging of the Hip and Pelvis/Ultrasound Access for Portal Placement</td>
<td>Ivan H. Wong, M.D., FAANA</td>
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<td>10 Minutes</td>
<td>Complications and Approach to Revision Hip Arthroscopy</td>
<td>Allston J. Stubbs IV, M.D., M.B.A.</td>
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10 Minutes  Pearls and Pitfalls of Patient Selection in Hip Preservation Practice  
John J. Christoforetti, M.D.

10 Minutes  What's the Evidence? The Latest Evidence in Hip Arthroscopy and Preservation Surgery  
Olufemi R. Ayeni, M.D.

Innovations in Hip Arthroscopy
November 3, 2023

3–3:30 p.m.  Course Registration

3:30–4:15 p.m.  Live Surgery

Case-Based Panel Discussions

Topic: Labrum and Cartilage  
Moderators: Michael B. Ellman, M.D., Travis G. Maak, M.D.  
Panel: Kelechi R. Okoroha, M.D., Robert Afra, M.D., Marc J. Philippon, M.D., Timothy M. Bert, M.D., Thomas H. Wuerz, M.D., M.Sc., Jorge A. Chahla, M.D., Ph.D.

Topic: Capsule  
Moderator: Michael J. Salata, M.D.  
Panel: Alan L. Zhang, M.D., FAANA, Daniel Whelan, M.D., Charles Su, M.D., Jas Chahal, M.D., M.Sc., F.R.C.S.

4:15–7 p.m.

Topic: Open Versus Scope  
Moderator: Andrea M. Spiker, M.D.  
Panel: Michael J. Salata, M.D., Robert W. Westermann, M.D., Michael B. Banffy, M.D., Struan H. Coleman, M.D., Ph.D.

Topic: Extra-Articular Hamstring and Abductors  
Moderator: Shane J. Nho, M.D., M.S.  
Panel: Sanjeev Bhatia, M.D., F. Winston Gwathmey Jr., M.D., Ivan H. Wong, M.D., FAANA

Practice Management (Marketing, Social Media, Networking, Reputation Management)  
Moderator: Jorge A. Chahla, M.D., Ph.D.  
Panel: Kelechi R. Okoroha, M.D., Robert W. Westermann, M.D., Andrea M. Spiker, M.D., Timothy M. Bert, M.D.

7–8 p.m.  Industry-Sponsored Happy Hour

8 p.m.  Session Adjourns
### Innovations in Hip Arthroscopy

**November 4, 2023**

<table>
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<th>Time</th>
<th>Event</th>
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<td>7:30–8 a.m.</td>
<td>Arrive to OLC – Please Change Into Scrubs</td>
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| 8 a.m. –Noon | **Cadaver Lab Session 1**  
Ultrasound Demo: 7:30–8 a.m.  
Goals: Ultrasound, Hip Joint Access, Central and Peripheral Compartments, Capsular Approach, Diagnostic Arthroscopy, Acetabular Rim and Articular Cartilage Management, Femoroplasty  
Demo: Hip Joint Access – Andrea M. Spiker, M.D.  
Demo: Central Compartment: Diagnostic Arthroscopy, Acetabular Rim, Labral Repair – Andrea M. Spiker, M.D.  
Demo: Peripheral Compartment: Osteoplasty, Capsular Repair – Michael J. Salata, M.D. |
| Noon–1:30 p.m. | Debates:  
Labrum: Repair vs. Reconstruction  
Capsule: Capsulotomy vs. Periportal  
Osteoplasty: Dynamic Exam vs. Image-Guided  
Biologics: Steroid vs. Cells |
| 1:30–2:30 p.m. | Industry Non-CME Industry Demonstration |
| 2:30–3 p.m. | Break |
| 3–5 p.m. | **Cadaver Lab Session 2**  
Goals: Capsule Closure, Peritrochanteric Space Access, Proximal Hamstrings and Deep Gluteal Access  
Demo: Peritrochanteric Space Access and Gluteal Repair – Shane J. Nho, M.D., M.S.  
Demo: Deep Gluteal Access and Hamstring Repair – Shane J. Nho, M.D., M.S.  
Demo: Open Dissection Demo – Jorge A. Chahla, M.D., Ph.D. |
| 5 p.m. | Course Adjourns |
Learning Objectives
After completing this course, the participant will be able to:

- Evaluate and manage clinical presentation associated with common hip disorders and define performance outcomes.
- Develop and practice surgical skill access to the hip joint.
- Evaluate and apply arthroscopic techniques for hip disorders.

Statement of Need
AANA has determined the need for this live educational activity based on identifying professional practice gaps, previous course evaluations and the AANA Self-Assessment Examination. The educational content of this activity was based upon current issues and topics provided by AANA planning committees and membership.

Continuing Medical Education/Credit Designation
The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Arthroscopy Association of North America designates this live activity for a maximum of 18.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity may also help fulfill the Maintenance of Certification credit requirements mandated by the American Board of Orthopaedic Surgery.