

## Elbow Surgical Skills and Procedures Course

August 23-24, 2024

Orthopaedic Learning Center, Rosemont, Illinois

August 23, 2024	
Didactic Sessions	
1:30 p.m.	Registration Opens
1:45-2:00 pm.	Booth Visits, Refreshments <i>CME-Designated Content Begins at 2 p.m.</i> All Concurrent Shoulder and Elbow Panels Are Available for Attendance
2-2:25 p.m.	<b>Basics of Elbow Arthroscopy</b> Moderators: S. Joshua Szabo, M.D., Scott P. Steinmann, M.D. Panel: All Faculty
2:30-2:55 p.m.	<b>Elbow OA, Stiffness</b> Moderator: Benjamin R. Graves, M.D. Panel: All Faculty
3-3:25 p.m.	<b>Tennis Elbow, Elbow Tendinopathy</b> Moderator: S. Joshua Szabo, M.D. Panel: All Faculty
3:30-3:55 p.m.	<b>LUCL and Lateral Elbow Instability</b> Moderator: Mandeep S. Virk, M.D. Panel: All Faculty
3:55-4:10 p.m.	Break Appetizers Available in Auditorium Lobby
4:10-4:35 p.m.	<b>Complex Elbow Trauma</b> Moderator: William Aibinder, M.D. Panel: All Faculty
4:40-5:05 p.m.	<b>OCD Elbow</b> Moderator: Scott P. Steinmann, M.D. Panel: All Faculty
5:10-5:35 p.m.	<b>Distal Biceps Tears</b> Moderator: Chris C. Schmidt, M.D. Panel: All Faculty
5:40-6:05 p.m.	<b>UCL Instability, Reconstruction versus Repair</b> Moderator: Glen Ross, M.D. Panel: All Faculty

<b>6:10–6:30 p.m.</b>	<b>Elbow Q&amp;A Session</b> Moderator: S. Joshua Szabo, M.D., Scott P. Steinmann, M.D.
<b>6:30–7:00 p.m.</b>	<b>Combined Shoulder and Elbow Session: Overhead Throwing Athlete</b> Moderator: Brian R. Waterman, M.D., FAANA, Scott P. Steinmann, M.D. Panel: Michael O'Brien, M.D., FAANA, Anthony Razzano, Jr., D.O., S. Joshua Szabo, M.D.,

## August 24, 2024

### Lab Focus

<b>6:30–6:45 a.m.</b>	Lab Safety Overview
<b>6:45–7:00 a.m.</b>	Move to Lab
<b>7:00–11:15 a.m.</b>	Cadaver Lab Session 1 Focus: Available Procedures
<b>11:15–11:45 a.m.</b>	Break Food Available in Auditorium Lobby
<b>11:45–12:30 p.m.</b>	Industry Demonstration Non-CME Comprehensive Solutions to Shoulder Treatment Supported by: Stryker
<b>12:30–1:00 p.m.</b>	Break, Return to Lab
<b>1:00–5:00 p.m.</b>	Cadaver Lab Session 2 Focus: Available Procedures
<b>5:00 p.m.</b>	Course Adjourns

## Pre-Course Lectures

Time to Complete	Lecture Description	Presenter
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<b>20 Minutes</b>	Basics of Elbow Arthroscopy – Setting Yourself Up for Success <ul style="list-style-type: none"> <li>- The Mayo Way</li> <li>- The Mississippi/New Orleans Way             <ul style="list-style-type: none"> <li>i) <i>How Do You Convert to Open?</i></li> <li>ii) <i>How Do You Fluoro Intra-op?</i></li> <li>iii) <i>How Can You Harvest Graft from Wrist of Elbow?</i></li> </ul> </li> </ul>	Scott P. Steinmann, MD S. Joshua Szabo, MD
<b>10 Minutes</b>	Elbow Tendinopathy: Tennis Elbow – Lessons Learned After 15+ Years of Arthroscopic Treatment	S. Joshua Szabo, MD
<b>20 Minutes</b>	UCL Injuries Controversies <ul style="list-style-type: none"> <li>- Repair             <ul style="list-style-type: none"> <li>i) <i>Is There a Level of Athlete You Will Not Attempt to Repair?</i></li> <li>ii) <i>What Helps You Determine Repairability of the UCL? Chronicity, Ultrasound, MRI, or OR Assessment?</i></li> <li>iii) <i>How Hard is it to Revise Repair?</i></li> </ul> </li> <li>- Reconstruction and Revision UCL             <ul style="list-style-type: none"> <li>i) <i>How Do You Choose Graft?</i></li> <li>ii) <i>Ulnar Nerve Management?</i></li> <li>iii) <i>Tips and Pearls for Revision</i></li> </ul> </li> </ul>	Jeffrey R. Dugas, MD Keith Meister, MD
<b>10 Minutes</b>	LUCL Injuries and Elbow Dislocations: When to Brace/Repair/Reconstruct <ul style="list-style-type: none"> <li>- <i>When to MRI?</i></li> <li>- <i>When to Operate, Scope vs. Open?</i></li> <li>- <i>Scope Capabilities – When Do We Need to Open?</i></li> </ul>	Felix H. Savoie III, MD
<b>10 Minutes</b>	Elbow Stiffness and Arthritis: Arthroscopic Management and Limitations <ul style="list-style-type: none"> <li>- <i>When Will Scope NOT Work/Contraindicated?</i></li> <li>- <i>When Do You Do Nerve Releases?</i></li> </ul>	Larry D. Field, MD
<b>10 Minutes</b>	OCD Capitellum: Open and Arthroscopic Treatment <ul style="list-style-type: none"> <li>- <i>Treatment Algorithm: Cast, Brace, Scope, Open and Grafting?</i></li> <li>- <i>Scope and Open Techniques</i></li> <li>- <i>Graft Sources?</i></li> </ul>	Scott P. Steinmann, MD
<b>20 Minutes</b>	Distal Biceps Tears: Appreciating Anatomy, Biomechanics, and Complications <ul style="list-style-type: none"> <li>- Single Incision</li> <li>- Dual Incision             <ul style="list-style-type: none"> <li>i) <i>Restoration of Anatomy</i></li> <li>ii) <i>Fixation and Surgical Technique</i></li> </ul> </li> </ul>	Augustus D. Mazzocca, MD Chris C. Schmidt, MD
<b>10 Minutes</b>	UCL Injuries of the Throwing Elbow – The Tommy John Procedure	James R. Andrews, MD
<b>10 Minutes</b>	The Evaluation & Treatment of the Adolescent and Adult Thrower with Shoulder or Elbow Pain	Kevin E. Wilk, PT, DPT, FAPTA

**Course Co-Chairs:** S. Joshua Szabo, M.D., Scott P. Steinmann, M.D.



### **Statement of Need**

AANA has determined the need for this live educational activity based on identifying professional practice gaps, previous course evaluations and the AANA Self-Assessment Examination. The educational content of this activity was based upon current issues and topics provided by AANA planning committees and membership.

### **Continuing Medical Education/Credit Designation**

The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Arthroscopy Association of North America designates this live activity for a maximum of 15.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity may also help fulfill the Maintenance of Certification credit requirements mandated by the American Board of Orthopaedic Surgery.