

Elbow Surgical Skills and Procedures Course

August 23-24, 2024

Orthopaedic Learning Center, Rosemont, Illinois

August 23, 2024	
Didactic Sessions	
12:40–1 p.m.	Registration
1–1:30 p.m.	Industry Demonstration Non-CME
1:30–2 p.m.	Booth Visits, Refreshments <i>CME-Designated Content Begins at 2 p.m.</i>
2–2:25 p.m.	Basics of Elbow Arthroscopy Moderators: S. Joshua Szabo, M.D., Scott P. Steinmann, M.D. Panel: All Faculty
2:30–2:55 p.m.	Elbow OA, Stiffness Moderator: Benjamin R. Graves, M.D.
3–3:25 p.m.	Tennis Elbow, Elbow Tendinopathy Moderator: S. Joshua Szabo, M.D.
3:30–3:55 p.m.	LUCL and Lateral Elbow Instability Moderator: Mandeep S. Virk, M.D.
3:55–4:10 p.m.	Break Appetizers Available in Auditorium Lobby
4:10–4:35 p.m.	Complex Elbow Trauma Moderator: William Aibinder, M.D.
4:40–5:05 p.m.	OCD Elbow Moderator: Scott P. Steinmann, M.D.
5:10–5:35 p.m.	Distal Biceps Tears Moderator: Chris C. Schmidt, M.D.
5:40–6:05 p.m.	UCL Instability, Reconstruction versus Repair Moderator: Glen Ross, M.D.
6:10–6:30 p.m.	Elbow Q&A Session Moderator: S. Joshua Szabo, M.D., Scott P. Steinmann, M.D.
6:30–7:00 p.m.	Combined Shoulder and Elbow Session: Overhead Throwing Athlete Moderator: Coming Soon! Panel: Coming Soon!

August 24, 2024	
Lab Focus	
5:30-6:00 a.m.	Breakfast Available
6-6:30 a.m.	Industry Demonstration Non-CME
6:30-6:45 a.m.	Lab Safety Overview
6:45-7:00 a.m.	Move to Lab
7:00-11:15 a.m.	Cadaver Lab Session 1 Focus: Available Procedures
11:15-11:45 a.m.	Break Food Available in Auditorium Lobby
11:45-12:15 p.m.	Industry Demonstration Non-CME #1
12:15-12:45 p.m.	Industry Demonstration Non-CME #2
12:45-1:15 p.m.	Break
1:15-5:00 p.m.	Cadaver Lab Session 2 Focus: Available Procedures
5:00-6 p.m.	Dinner - Food Available in Auditorium Lobby Tips and Pearls That Make a Difference
6 p.m.	Course Adjourns

Pre-Course Lectures		
Time to Complete	Lecture Description	Presenter
20 Minutes	Basics of Elbow Arthroscopy – Setting Yourself Up for Success <ul style="list-style-type: none"> - The Mayo Way - The Mississippi/New Orleans Way <ul style="list-style-type: none"> i) <i>How Do You Convert to Open?</i> ii) <i>How Do You Fluoro Intra-op?</i> iii) <i>How Can You Harvest Graft from Wrist of Elbow?</i> 	Scott P. Steinmann, MD S. Joshua Szabo, MD
10 Minutes	Elbow Tendinopathy: Tennis Elbow – Lessons Learned After 15+ Years of Arthroscopic Treatment	S. Joshua Szabo, MD
20 Minutes	UCL Injuries Controversies <ul style="list-style-type: none"> - Repair <ul style="list-style-type: none"> i) <i>Is There a Level of Athlete You Will Not Attempt to Repair?</i> ii) <i>What Helps You Determine Repairability of the UCL? Chronicity, Ultrasound, MRI, or OR Assessment?</i> iii) <i>How Hard is it to Revise Repair?</i> - Reconstruction and Revision UCL <ul style="list-style-type: none"> i) <i>How Do You Choose Graft?</i> ii) <i>Ulnar Nerve Management?</i> iii) <i>Tips and Pearls for Revision</i> 	Jeffrey R. Dugas, MD Anthony A. Romeo, MD
10 Minutes	LUCL Injuries and Elbow Dislocations: When to Brace/Repair/Reconstruct <ul style="list-style-type: none"> - <i>When to MRI?</i> - <i>When to Operate, Scope vs. Open?</i> - <i>Scope Capabilities – When Do We Need to Open?</i> 	Felix H. Savoie III, MD
10 Minutes	Elbow Stiffness and Arthritis: Arthroscopic Management and Limitations <ul style="list-style-type: none"> - <i>When Will Scope NOT Work/Contraindicated?</i> - <i>When Do You Do Nerve Releases?</i> 	Larry D. Field, MD
10 Minutes	OCD Capitellum: Open and Arthroscopic Treatment <ul style="list-style-type: none"> - <i>Treatment Algorithm: Cast, Brace, Scope, Open and Grafting?</i> - <i>Scope and Open Techniques</i> - <i>Graft Sources?</i> 	Scott P. Steinmann, MD
20 Minutes	Distal Biceps Tears: Appreciating Anatomy, Biomechanics, and Complications <ul style="list-style-type: none"> - Single Incision - Dual Incision <ul style="list-style-type: none"> i) <i>Restoration of Anatomy</i> ii) <i>Fixation and Surgical Technique</i> 	Augustus D. Mazzocca, MD Chris C. Schmidt, MD
10 Minutes	UCL Injuries of the Throwing Elbow – The Tommy John Procedure	James R. Andrews, MD
10 Minutes	The Evaluation & Treatment of the Adolescent and Adult Thrower with Shoulder or Elbow Pain	Kevin E. Wilk, PT, DPT, FAPTA



Course Co-Chairs: S. Joshua Szabo, M.D., Scott P. Steinmann, M.D.

Statement of Need

AANA has determined the need for this live educational activity based on identifying professional practice gaps, previous course evaluations and the AANA Self-Assessment Examination. The educational content of this activity was based upon current issues and topics provided by AANA planning committees and membership.

Continuing Medical Education/Credit Designation

The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Arthroscopy Association of North America designates this live activity for a maximum of 15.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity may also help fulfill the Maintenance of Certification credit requirements mandated by the American Board of Orthopaedic Surgery.