

## Advanced Shoulder Surgical Skills and Procedures Course

August 23-24, 2024

Orthopaedic Learning Center, Rosemont, Illinois

August 23, 2024	
Didactic Sessions	
1:30 p.m.	Registration Opens
1:45–2 p.m.	Booth Visits, Refreshments <i>CME-Designated Content Begins at 2 p.m.</i> All Concurrent Shoulder and Elbow Panels Are Available for Attendance
2–2:25 p.m.	<b>Shoulder Instability</b> Moderator: Robert Hartzler, M.D., M.S. Panel: Justin Arner, M.D., Christopher Pokabla, M.D., FAANA, Andrew Sheean, M.D.
2:30–2:55 p.m.	<b>Complex Instability with Bone Loss</b> Moderator: William J. Ciccone, II, M.D., FAANA Panel: Bogdan Matache, M.D., F.R.C.S.C., Michael O'Brien, M.D., FAANA, Brian R. Waterman, M.D., FAANA
3–3:25 p.m.	<b>Shoulder Rotator Cuff</b> Moderator: Larry D. Field, M.D., FAANA Panel: Dann Byck, M.D., Steven DeFroda, M.D., Fernando Hernandez-Perez, M.D.
3:30–3:55 p.m.	<b>Anatomic TSR</b> Moderator: Robert Hartzler, M.D., M.S. Panel: Michael O'Brien, M.D., FAANA, Xinning Li, MD, Brian R. Waterman, M.D., FAANA
3:55–4:10 p.m.	Break Appetizers Available in Auditorium Lobby
4:10–4:35 p.m.	<b>Shoulder AC Joint</b> Moderator: Xinning Li, M.D. Panel: Alberto Guevara, M.D., Ganesh Kamath M.D., Colten Luedke, D.O.
4:40–5:05 p.m.	<b>Shoulder Irreparable Cuff</b> Moderator: Michael O'Brien, M.D., FAANA Panel: William J. Ciccone, II, M.D., FAANA, Robert Hartzler, M.D., M.S., Theodore Shybut, M.D., FAANA
5:10–5:35 p.m.	<b>Shoulder Biceps</b> Moderator: Andrew J. Sheean, M.D. Panel: Dann C. Byck, M.D., Larry D. Field, M.D., FAANA, David P. Richards, M.D., F.R.C.S.C.
5:40–6:05 p.m.	<b>Reverse Shoulder Arthroplasty</b> Moderator: Brian R. Waterman, M.D., FAANA Panel: Xinning Li, M.D., Michael O'Brien, M.D., FAANA, Andrew J. Razzano, Jr., D.O.

<b>6:10–6:30 p.m.</b>	<b>Shoulder Session Q&amp;A</b> Moderators: Larry D. Field, M.D., FAANA and Robert Hartzler, M.D., FAANA
<b>6:30-7:00 p.m.</b>	<b>Combined Shoulder and Elbow Session: Overhead Throwing Athlete</b> Moderator: Brian R. Waterman, M.D., FAANA, Scott P. Steinmann, M.D. Panel: Michael O'Brien, M.D., FAANA, Anthony Razzano, Jr., D.O., S. Joshua Szabo, M.D.

August 24, 2024	
Lab Focus	
<b>6:30-6:45 a.m.</b>	Lab Safety Overview
<b>6:45-7:00 a.m.</b>	Move to Lab
<b>7:00-11:15 a.m.</b>	Cadaver Lab Session 1 Focus: Attendee Selected Procedures
<b>11:15-11:45 a.m.</b>	Break Food Available in Auditorium Lobby
<b>11:45-12:30 p.m.</b>	Non-CME Presentation Comprehensive Solutions to Shoulder Treatment Supported by: Stryker
<b>12:30-1:00 p.m.</b>	Break, Return to Lab
<b>1:00-5:00 p.m.</b>	Cadaver Lab Session 2 Focus: Attendee Selected Procedures
<b>5:00 p.m.</b>	Course Adjourns

## Pre-Course Lecture List

Operating Room Set Up: Beach Chair	Jonathan Ticker, M.D.
Operating Room Set Up: Lateral: I Hate Ropes and Pulleys, I love my Robot Arm!	Joseph Tauro, M.D.
How to Get There: Portals, Portals Everywhere!	Keith Nord, M.D.
SLAP Lesions: Current Indications: Do's and Don'ts of Fixation	Mary Mulcahey, M.D.
Anterior Instability Repair: Portals, Anchors, and Suture Passage- Maximizing Your Repair	John Kelly, M.D.
Arthroscopic Capsular Shift: Some Tricks You Should Know	Joseph Tauro, M.D.
Tips for Knots and Knotless Fixation – Is the Technique Different?	Paul Caldwell, M.D.
GAGHL, HAGL, and RHAGL's: Fixing Them Safely	John Tokish, M.D.
Posterior Instability: Getting to the Back	Ian Lo, M.D., FRCS
MDI: Balancing the Shoulder All the Way Around	Robert Litchfield, M.D.
When is a Bankart Not Enough? Factors to Consider	Michael O'Brien, M.D.
Remplissage Procedure: Technical Tricks to Make it Simple	Larry Field, M.D.
Open Latarjet: Reproducible Technique to Avoid Complications	Giovanni Di Giacomo, M.D.
Not Everyone Needs a Latarjet! - Other Bony Options	Matthew Provencher, M.D.
SAD: Should We Ever Do It? Indications and Tips	William Ciccone, M.D.
Mumford Procedure: How Much is Enough? Technical Pearls for Success	Christopher Uggen, M.D.
Be the Cuff, See the Cuff! Pre and Intra Operative ID of Tear Shape	Robert Hartzler, M.D.
Mobilization for Contracted Tears: Routine Release and Slides, Oh My!	Joseph Tauro, M.D.
Single Row RCR: Yup, We Still Do That! Why and How to do Them	Mark Getelman, M.D.
Double Row RCR: Why and How to do Them	Robert Hartzler, M.D.
Partial Thickness Tears: Articular and Bursal Sided. Techniques to Keep It, Cut It, or Patch It	Louis McIntyre, M.D.

SCR: Is it That Much Better than a Bridging Graft?	Ian K.Y. Lo, M.D.
SCR: How to do it to Optimize Outcomes	Patrick Denard, M.D.
Irreparable Subscapularis: Pec Major or Lat Dorsi	Sumant Krishnan, M.D. and Eddie Lo, M.D.
ER Lag: When to think Lower Trap Transfer	Jarrett Woodmass, M.D.
Revision Rotator Cuff Repair: Bone and Soft Tissue Considerations	Larry Field, M.D.
Biceps Tenotomy and Tenodesis: High, Low, Inside or on the Bone	Nikhil Verma, M.D.
Capsular Release: 360-Degree Release for Gaining Mobility	Alan Curtis, M.D.
Suprascapular Nerve Release: You Never Know When You Might Need It	Kevin Plancher, M.D.
ACJ: Solutions, Case Based Acute and Chronic Cases	Augustus Mazzocca, M.D.
Glenohumeral OA: Comprehensive Arthroscopic Management and Patch Resurfacing – Worth the Trouble?	Peter Millett, M.D., MSc
Biologics and Patches: What is the Latest Data? Indications and Technical Pearls	Brian Cole, M.D., MBA
Subscapularis tears: From Small to Big!	Jonathan Ticker, M.D.

**Course Co-Chairs:** Larry D. Field, M.D. and Robert U. Hartzler, M.D.

### Statement of Need

AANA has determined the need for this live educational activity based on identifying professional practice gaps, previous course evaluations and the AANA Self-Assessment Examination. The educational content of this activity was based upon current issues and topics provided by AANA planning committees and membership.

### Continuing Medical Education/Credit Designation

The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Arthroscopy Association of North America designates this live activity for a maximum of 20.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity may also help fulfill the Maintenance of Certification credit requirements mandated by the American Board of Orthopaedic Surgery.

### **Learning Objectives**

- 1) Comprehend the fundamentals of shoulder arthroscopy, including surgical options for rotator cuff tears and shoulder instability.
- 2) Discuss controversies in the field of shoulder surgery, including grafts and patches for rotator cuff repair, superior capsular reconstruction, and bone block procedures for shoulder instability.
- 3) Improved surgical skills of shoulder arthroscopy, specifically in treating massive rotator cuff tears, instability with bone loss, and what to do in the setting of failed previous surgery.