

# AANA/ISAKOS Knee and Shoulder Arthroscopy Course

April 5-6, 2024

Miami Anatomical Research Center, Doral, FL

## Cadaver Lab Schedule

Friday, April 5<sup>th</sup>, 2024

7:00-7:30am	<b>Registration – Please Change into Scrubs</b> <b>Please Check in at Registration Desk</b>
7:30-8:00am	<b>Course Introduction and Lab Overview</b>
8:00am-11:00am	Knee Focused Lab – Morning Session Goals: Meniscus and Ligament, All-Inside, Inside-Out, Outside-In, Root Repair, Transplant
9:30-10:15am	Brief Intermission Industry Sponsored Demonstration
10:50-11:00am	Lab Adjourns, Transition to Auditoriums for Lunch and Panels
11:00-12:30pm	<b>Lunch and Panel Discussions – Knee Focus</b> <b>Case Presentations/Panels</b>
12:30-12:45pm	Break Return to Lab
12:45-5:00pm	Knee Focused Lab – Afternoon Session Goals: Quad Tendon Harvest, PCL, ALL and/or LET, MPFLR and ATT Osteotomy
5:00pm	<b>Friday Session Adjourns</b>

Saturday, April 6<sup>th</sup>, 2024

7:00-7:30am	<b>Registration - Please Change into Scrubs</b> <b>Please Check in at Registration Desk</b>
7:30-8:00am	<b>Lab Overview and Today's Goals</b>
8:00am-11:00pm	Shoulder Focused Lab – Morning Session Goals: Anterior and Posterior Bankart Repair, Remplissage, Latarjet
9:30-10:15am	Brief Intermission Industry Sponsored Demonstration
10:50-11:00am	Lab Adjourns, Transition to Auditoriums for Lunch and Panels
11:00-12:30pm	<b>Lunch and Panel Discussions – Shoulder Focus</b> <b>Case Presentations/Panels</b>
12:30-12:45pm	Break Return to Lab
12:45-5:00pm	Shoulder Focused Lab – Afternoon Session Goals: Rotator Cuff Repair, Biceps Tenodesis, Superior Capsule Reconstruction, ACJ Recon
5:00pm	<b>Saturday Session Adjourns</b>

## Pre-Recorded Lecture Listing

### Shoulder Focus

**Slap Lesions: Current Indications: Do's and Don'ts of Fixation**

Mary Mulcahey, M.D.

**Posterior Instability: Getting to the Back**

Ian Lo, M.D.

**When is Bankart Enough? Factors to Consider**

Michael O'Brien, M.D.

**Remplissage Procedure: Technical Tricks to Make it Simple**

Larry Field, M.D.

**Open Latarjet: Reproducible Technique to Avoid Complications**

Giovanni Di Giacomo, M.D.

**Mobilization for Contracted Tears: Routine Release and Slides, Oh My!**

Joseph Tauro, M.D.

**SCR: How to do it to Optimize Outcomes**

Patrick Denard, M.D.

**Biceps Tenotomy and Tenodesis: High, Low, Inside, or on the Bone**

Nikhil Verma, M.D.

**Suprascapular Nerve Release: You Never Know When You Might Need It**

Kevin Plancher, M.D.

**ACJ Solutions: Case Based Acute and Chronic Cases**

Augustus Mazzocca, M.D.

## Pre-Recorded Lecture Listing

### Knee Focus

**All-Inside, Inside-Out, Outside-In: How I Decide and How I Do It**

Kevin Bonner, M.D.

**Current Treatment Concepts for Root Tears**

Nicholas Sgaglione, M.D.

**Meniscus Transplantation: Indications, Techniques, and Outcomes**

John Richmond, M.D.

**Isolation Cartilage Defects: How Do You Pick Your Cartilage Procedure – An Algorithm for Success in 2022**

Paul Caldwell, M.D.

**The Patellofemoral Cartilage Dilemma: Let Me Help You**

Christian Lattermann, M.D.

**Dealing with Complications and Failures in Articular Cartilage Surgery**

Nicholas Sgaglione, M.D.

**ACL Repair Controversy: Contemporary Techniques and Results**

Gregory DiFelice, M.D.

**ACL Tunnels, Grafts, and Fixation: Avoiding Common Mistakes**

Mary Mulcahey, M.D.

**Lateral Extra-Articular Procedures: When or Ever Should They be Used with an ACLR**

Brian Chilelli, M.D.

**MCL Injuries: When and How to Fix/Reconstruct**

Jonathan Stone, M.D.

**The Posterolateral Corner: Simplifying When and How to Address**

Gregory Fanelli, M.D.

**Stress of the Multi Ligament Knee – Intra Op Pearls of Management to get you Through**

James Leonard, M.D.

**Patella Instability: My Current Surgical Treatment Algorithm**

Jason Koh, M.D.

**Orthobiologics in the Knee: My In-Office Discussions and Utilization: What's Appropriate Based on Evidence?**

Jason Dragoo, M.D.

**HTO/DFO's: Technique Options and Avoiding Complications**

Seth Sherman, M.D.

**Pre-Recorded Lecture Listing**

**Spanish Focus**

**Paso a Paso Sutura del Subescapular y Tenodesis del Biceps Artoscopica Tecnica de un solo anclaje**

Paulo Llinas, M.D.

**Subrascapular Nerve Release**

Guillermo Arce, M.D., Angel Calvo, M.D., Pau Golano, M.D.

**My Best Technique for Biceps Tenodesis**

Guillermo Arce, M.D.

**Arthroscopic Capsular Release for Primary Frozen Shoulder Syndrome**

Guillermo Arce, M.D.

**Reconstruccion del Ligamento Colateral Medial**

Robert G. Marx, M.D.

**Reconstruccion de LCP**

Robert G. Marx, M.D.

**Paso a Paso Bankart/Remplissage Artroscopico**

Paulo Llinas, M.D.

**Tenodesis bicipital Tecnica quirurgica**

Daniel Slullitel, M.D.

**Anatomic Latarjet**

Guillermo Arce, M.D.

**Remplissage + Latarjet**

Guillermo Arce, M.D.

**Reconstruccion LCP con dispositivo cortical y fresado retrogrado**

Daniel Slullitel, M.D.

**Paso a Paso Raiz Meniscal Interna Reinsercion Artroscopica**

Paulo Llinas, M.D.

**Inestabilidad de hombro Tecnica y trucos**

Daniel Slullitel, M.D.

**Lateral Extra-Articular Tenodesis: The Knee's Latarjet**

Guillermo Arce, M.D.

**Reparacion Labral Anterior**

Vicente Gutierrez Bascur, M.D.

**Reparacion Labral Posterior**

Vicente Gutierrez Bascur, M.D.

**Reparacion Slap II**

Vicente Gutierrez Bascur, M.D.

**Tenodesis de Biceps**

Vicente Gutierrez Bascur, M.D.

**Transferencia de Trapecio Inferior**

Vicente Gutierrez Bascur, M.D., Max Ekdahl, M.D.