MEETING AGENDA



DATE: August 2-4, 2024

LOCATION: Rosemont, IL

COURSE

Course: AANA SOMOS 2024

Title: AANA SOMOS Shoulder

You are encouraged to have breakfast prior to arriving to the

course.

Refreshment breaks will be provided with coffee and snacks.

Please Bring: Writing Materials/Laptop/iPad

Friday, August 2, 2024		
Time	Lab/Lecture Description	Location
5:30-6:00 PM	Registration and Sign In	OLC Lobby
	Welcome and Introduction to the Military Athlete	
	Alan Curtis M.D., FAANA, Co-Chair	
	John Kelly M.D., FAANA, Co-Chair Jeanne Patzkowski, M.D., Co-Chair	
6:00-6:15 PM	Andrew Sheean MD Co-Chair	
	James Bailey MD, Co-Chair	
	Richard Ryu, M.D., Co-Chair	
	Appetizers and Beer Provided!	Auditorium B/C
	"Full Speed Ahead"	
6:15-9:00 PM	Moderator:	
	Case Based Spotlight on Shoulder Instability	
	21 y.o. Special Operator with First Time Dislocation Dominant Shoulder: Deployment Imminent	
6:15-6:45 PM	Debate: 5 Minutes Per	
6:15-6:45 PW	Rehabilitation and Observation (Dr. Robins) vs. Fix It Yesterday (Dr. Kelly)	
	Discussion: Moderated by Dr. Curtis (10 Minutes)	
	5 Minute Technique Video: Contemporary Bankart Procedure (Dr. McDonald)	
	21 y.o. Special Operator (same) with Failed Bankart at 8 Months with On-Track Pathology:	
	Debate: 5 Minutes Per	
6:45- 7: 15 PM	Open or Revision Arthroscopic Bankart (Dr. Field) vs. Latarjet (Dr. Oh)	
	Discussion: Moderated by Dr. Getelman (10 Minutes) 5 Minute Technique Video: Latarjet (Dr. Lee)	
7:15- 7:45 PM	32 y/o Female Infantry with a SLAP lesion	
	Debate: 5 Minutes Per	
	Anything But Surgery (Dr. Mulcahey) vs. Repair or Tenodesis (Dr. Smith)	
	Discussion: Moderated by Dr. Patzkowski (10 Minutes)	
	5 Minute Technique Video: SLAP Repair/ Tenodesis (Dr. Dekker)	

	19 y.o. Cadet Lacrosse Player with Multiple Dislocations and Off -Track Instability Pathology Debate: 5 Minutes Per	
7:45-8:15 PM	Latarjet (Dr. Sheean) vs. Free Bone Block (Dr. Getelman)	
	Discussion: Moderated by Dr. Savoie (10 Minutes)	
	5 Minute Technique Video: Arthroscopically-assisted Glenoid Reconstruction (Dr. Curtis)	
	Case Presentations: Civilian/Military Cases on Complex Shoulder Instability: Revision, HAGL, Bone Loss, SLAP	
8:15-8:55 PM	Moderators: Drs. Bailey, Oh Panel: Drs. Ciccone, Barrow, Tennent, Dodds, Lee, Zhang, JJ Ryu	
9:00 PM	Adjourn	

	Saturday, August 3, 2024	
Time	Lab/Lecture Description	Location
7:00 AM-12:00 PM	"Special OPS" for A-C Joint , Posterior Instability	Auditorium B/C
7:00-7:05 AM	Welcome-Plan for the Day	
7:05-7:35 AM	20 y.o. Army Cadet Wrestler with Recurrent Posterior Instability, 15% Posterior Glenoid Loss Mild Retroversion, Elevated Acromion and Neutral Posterior Acromial Tilt Debate: 5 Minutes Per Posterior Bankart Works Just Fine (Dr. Abrams) vs. Posterior Bone Block is Essential (Dr. Donohue) Discussion: Moderated by Dr. Dekker (10 Minutes) 5 Minute Technique Video: Posterior Glenoid Bone Grafting (Dr. Waterman)	
7:35- 8:05 AM	Acute 3rd Degree A-C Separation in Air Force Football Player Debate: 5 Minutes Per Anything But Surgery (Dr. Savoie) vs. Surgery NOW (Dr. Sheean) Discussion: Moderated by Dr. Dodds (10 Minutes) 5 Minute Technique Video: A-C Reconstruction/Repair (Dr. Bailey)	
8:05-8:10 AM	Technique Video: Re-routing the Biceps in Irreparable Rotator Cuff Tears (Dr. Field)	
8:15-8:11:55	Cadaver Lab	
	Focus: SLAP, Instability (Bankart, Plication, Posterior), Bursectomy, Distal Clavicle Resection; Progress to Cuff Repair, PASTA, SCR (All Afternoon Also Available) Procedure Specific AM Lab Session: No.1 (2 Participants) Arthroscopic or Open Latarjet	
	Drs. Ciccone and Tennent Procedure Specific AM Lab Session: No.2 (2 Participants)	Cadaver Lab
	Superior Capsule Reconstruction/ Interposition Dermal Allograft Drs. Min and Kelly	
	Working Lunch	
11:55-12:25 PM	26 y/o Active-Duty Navy Diver- Champion Swimmer with Symptomatic Posterior Inferior MDI: Debate: 5 Minutes Per Rehab, Rehab and Then More Rehab with Pacemaker (Dr. Barrow) vs. Capsular Plication (Dr. Abrams) Discussion: Moderated by Dr. Lee (10 Minutes) 5 Minute Technique Video: Dr. Song	Auditorium B/C
12:25 – 12:55 PM	38 y/o Space Force Captain with a Chronic Minimally Retracted 50% Partial Thickness Cuff Tear Debate: 5 Minutes Per Trans-Tendon (Dr. Patzkowski) vs. Scaffold (Dr. Ryu) Discussion: Moderated by Dr. Tennent (10 Minutes) 5 Minute Technique Video: Trans-tendon (Dr. Barrow)	

12:55 PM- 1:20 PM	64 y.o. 2 Star with Massive, Irreparable Rotator Cuff Tear and Pseudoparesis Debate: 5 Minutes Per SALTT vs SCR: (Dr. Min) vs. Reverse Prosthesis (Dr. Waterman) Discussion: Moderated by Dr. Donohue (10 Minutes) 5 Minute Technique Video: Scope Assisted Lower Trap Transfer (Dr. Bailey)	
1:20 PM- 4:45 PM	Move to Cadaver Lab	
	Focus: 1st Finish AM Agenda, 2nd Rotator Cuff Repair/Releases, Suprapectoral Biceps Tenodesis, SSN Release Procedure Specific PM Lab Session: No. 3 (2 participants) Arthroscopic Assisted DTA Glenoid Reconstruction	
	Artifioscopic Assisted DTA Gleriold Reconstruction	
	Drs. Zhang and Getelman	Cadaver Lab
	Procedure Specific PM Lab Session: No.4 (2 Participants) Lower Trapezius Transfer	
	Drs. Bailey and Robins	
5:15 -5:45 PM	Industry Presentation: TIGHT-N Supported by DePuy Mitek Moderated by: Drs. Getelman and Ciccone Dinner in Auditorium	Auditorium B/C
5:45 -6:00 PM	SOMOS Ceremony	
6:00-6:30 PM	Reception and Keynote Lecture SOMOS Keynote Lecture MSGT Earl Plumlee, Recipient of the Medal of Honor Q&A	
6:30-6:45 PM	Presentation Ceremony, Quilt of Valor	
6:45- 8:00 PM	Discussion/Case Presentations: Complex Shoulder Pathology Moderators: Drs Smith, Sheean and Field Panel: Drs. Patzkowski, Savoie, Song, Ciccone, Min, Curtis, and Donohue	
8:00 PM	Adjourn	

Sunday, August 4, 2024		
Time	Lab/Lecture Description	Location
7:00-7:05 AM	Welcome and Plan for the Day:	
7:05-7:15 AM	When the Pectoralis Major Fails (Dr. Song)	
7:15-7:25 AM	39 y/o Special Forces Shoulder Abuser: Glenohumeral Arthritis: How to Fight, When to Surrender (Dr. McDonald)	
7:25-7:35 AM	Orthobiologics in Shoulder Surgery: Cannon or Squirt Gun? (Dr. Dekker)	
7:35-8:15 AM	Case Presentations: When Things Go Horribly Wrong Moderators: Drs. Savoie and Smith Panel: Drs. Curtis, Kelly, Robins and McDonald	
	Move to Cadaver Lab	Cadaver Lab
	Finish Arthroscopic Work, Open Dissection Arthroplasty Tables (6): TSA/RTSA	
	Procedure Specific AM Lab Session: No. 6 (2 Participants) Arthroscopic AC Joint Reconstruction	
8:15 -12:00 PM	Drs. Oh and Mulcahey	
	Procedure Specific AM Lab Session: No 7 (2 Participants) Suprapectoral Biceps Tenodesis	
	Drs. Curtis and Zhang	
12:00 PM	Course Adjourns	