

AANA E.L.I.T.E. Labs

December 6th, 2025

Orthopaedic Learning Center, Rosemont, Illinois

Available Lab Focus: Hip, Knee, Shoulder, Foot/Ankle, Elbow

Saturday E.L.I.T.E. Session	
Hands-on Activity	
7:30-8:00 a.m.	Registration
8:00-8:15 a.m.	Welcome Reception, Coffee and Networking Booth Visits
8:15-8:30 a.m.	Move to Lab
8:30-11:30 a.m.	E.L.I.T.E. Lab Session Participant Chosen Goals Available Focus: Hip, Knee, Shoulder, Foot/Ankle, Elbow
11:30-11:45 a.m.	Lunch Available Move to Auditoriums for Procedure Demonstrations
11:45 a.m.-12:15 p.m.	Non-CME Demonstration, Details Coming Soon!
12:15-12:30 p.m.	Brief Q&A
12:30-1:00 p.m.	Non-CME Demonstration, Details Coming Soon!
1:00-1:15 p.m.	Break, Return to Lab
1:15-5:00 p.m.	E.L.I.T.E. Lab Session Participant Chosen Goals Available Focus: Hip, Knee, Shoulder, Foot/Ankle, Elbow
5:00 p.m.	Course Adjourns

Statement of Need

AANA has determined the need for this live educational activity based on identifying professional practice gaps, previous course evaluations and the AANA Self-Assessment Examination. The educational content of this activity was based upon current issues and topics provided by AANA planning committees and membership.

Continuing Medical Education/Credit Designation

The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Arthroscopy Association of North America designates this live activity for a maximum of TBD AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity may also help fulfill the Maintenance of Certification credit requirements mandated by the American Board of Orthopaedic Surgery.

Learning Objectives**Knee:**

- Understand current advanced meniscus repair and transplantation strategies and techniques including controversial decision-making on when to repair or restore the meniscus.
- Determine the appropriate indications and technique for patellofemoral procedures including MPFL, tubercle osteotomy, and trochleoplasty.
- Comprehend current controversies in primary and revision intra- and extra-articular ligament reconstruction including contemporary surgical techniques.
- Formulate appropriate treatment algorithms in the management of articular cartilage defects and pathology as well as to learn the latest surgical technique options available to address these problems.

Shoulder:

- Comprehend the fundamentals of shoulder arthroscopy, including surgical options for rotator cuff tears and shoulder instability.
- Discuss controversies in the field of shoulder surgery, including grafts and patches for rotator cuff repair, superior capsular reconstruction, and bone block procedures for shoulder instability.
- Improved surgical skills of shoulder arthroscopy, specifically in treating massive rotator cuff tears, instability with bone loss, and what to do in the setting of failed previous surgery.

Hip:

- Evaluate and manage clinical presentation associated with common hip disorders and define performance outcomes
- Develop and practice surgical skill access to the hip joint
- Evaluate and apply arthroscopic and endoscopic techniques for hip disorders

Pre-Course Programs

Elbow Pre-Course		
Time to Complete	Lecture Description	Presenter
20 Minutes	Basics of Elbow Arthroscopy – Setting Yourself Up for Success <ul style="list-style-type: none"> - The Mayo Way - The Mississippi/New Orleans Way <ul style="list-style-type: none"> i) <i>How Do You Convert to Open?</i> ii) <i>How Do You Fluoro Intra-op?</i> iii) <i>How Can You Harvest Graft from Wrist of Elbow?</i> 	Scott P. Steinmann, MD S. Joshua Szabo, MD
10 Minutes	Elbow Tendinopathy: Tennis Elbow – Lessons Learned After 15+ Years of Arthroscopic Treatment	S. Joshua Szabo, MD
20 Minutes	UCL Injuries Controversies <ul style="list-style-type: none"> - Repair <ul style="list-style-type: none"> i) <i>Is There a Level of Athlete You Will Not Attempt to Repair?</i> ii) <i>What Helps You Determine Repairability of the UCL? Chronicity, Ultrasound, MRI, or OR Assessment?</i> iii) <i>How Hard is it to Revise Repair?</i> - Reconstruction and Revision UCL <ul style="list-style-type: none"> i) <i>How Do You Choose Graft?</i> ii) <i>Ulnar Nerve Management?</i> iii) <i>Tips and Pearls for Revision</i> 	Jeffrey R. Dugas, MD Keith Meister, MD
10 Minutes	LUCL Injuries and Elbow Dislocations: When to Brace/Repair/Reconstruct <ul style="list-style-type: none"> - <i>When to MRI?</i> - <i>When to Operate, Scope vs. Open?</i> - <i>Scope Capabilities – When Do We Need to Open?</i> 	Felix H. Savoie III, MD
10 Minutes	Elbow Stiffness and Arthritis: Arthroscopic Management and Limitations <ul style="list-style-type: none"> - <i>When Will Scope NOT Work/Contraindicated?</i> - <i>When Do You Do Nerve Releases?</i> 	Larry D. Field, MD
10 Minutes	OCD Capitellum: Open and Arthroscopic Treatment <ul style="list-style-type: none"> - <i>Treatment Algorithm: Cast, Brace, Scope, Open and Grafting?</i> - <i>Scope and Open Techniques</i> - <i>Graft Sources?</i> 	Scott P. Steinmann, MD
20 Minutes	Distal Biceps Tears: Appreciating Anatomy, Biomechanics, and Complications <ul style="list-style-type: none"> - Single Incision - Dual Incision <ul style="list-style-type: none"> i) <i>Restoration of Anatomy</i> ii) <i>Fixation and Surgical Technique</i> 	Augustus D. Mazzocca, MD Chris C. Schmidt, MD
10 Minutes	UCL Injuries of the Throwing Elbow – The Tommy John Procedure	James R. Andrews, MD
10 Minutes	The Evaluation & Treatment of the Adolescent and Adult Thrower with Shoulder or Elbow Pain	Kevin E. Wilk, PT, DPT, FAPTA

Knee Pre-Course Curriculum

Patellofemoral

10 Minutes	Critical Clinical Assessment of Patellofemoral Patient Faculty: Miho Jean Tanaka, M.D., M.A.
10 Minutes	When is an MPFL Enough, when do you Need a TTO in Addition? Faculty: Adam B. Yanke, M.D., Ph.D.
10 Minutes	Trochleoplasty: When and How Faculty: David R. Diduch, M.D.
10 Minutes	TTO: When and How Faculty: Jack Farr, II, M.D.
10 Minutes	Cartilage Injury with PF Instability: How do I Manage? Faculty: Andreas H. Gomoll, M.D.
10 Minutes	Complications of MPFL Surgery Faculty: Sabrina M. Strickland, M.D.
10 Minutes	Cartilage Only Flap Repair Faculty: Peter D. Fabricant, M.D., M.P.H.

Meniscus

10 Minutes	Don't Bother with Repair--Partial Meniscectomy is Best for These Tear Types Faculty: Laith M. Jazrawi, M.D.
10 Minutes	The In-Season Athlete with a Meniscus Tear: How I Manage Faculty: Kelechi R. Okoroha, M.D.
10 Minutes	All-inside, Inside-out, Outside-in: How do I Decide and How I Do It Faculty: Lee Pace, M.D.
10 Minutes	Radial Tears: How I Repair Them Faculty: Jorge Chahla, M.D., Ph.D.
10 Minutes	Horizontal Cleavage Tears: When Do I Resect, When Do I Repair? Faculty: Scott C. Faucett, M.D., M.S.
10 Minutes	Root Tears: Current Treatment Concepts in 2021 Faculty: Adam B. Yanke, M.D., Ph.D.
10 Minutes	Advanced Techniques—Pushing the Envelope in Meniscus Repair Faculty: David Hartigan, M.D.
10 Minutes	Biologic Augmentation of Meniscus Repairs: Current Options and What is the Evidence? Faculty: Andrea Spiker, M.D.
10 Minutes	Meniscus Transplantation: Why, When, and by Whom? Faculty: James Carey, M.D.
10 Minutes	LMAT for the Discoid Meniscus Issues in Children and Adolescents Faculty: Bert R. Mandelbaum, M.D.

10 Minutes	Meniscus Transplantation: Technical Pearls Faculty: Wayne K. Gersoff, M.D.
Articular Cartilage	
10 Minutes	Orthobiologic Injections: How I Use in My Practice Faculty: Bert R. Mandelbaum, M.D.
10 Minutes	When Should I Consider Debridement Alone? Faculty: Deryk G. Jones, M.D.
10 Minutes	Smaller Lesion Debate: MFX vs Autograft Transfer 1 Faculty: Paul Caldwell, M.D. Faculty: Scott C. Faucett, M.D., M.S.
10 Minutes	Smaller Lesion Debate: MFX vs Autograft Transfer 2 Faculty: Clayton William Nuelle, M.D. Faculty: Mary K. Mulcahey, M.D.
10 Minutes	Larger Lesion Debate: OCA Faculty: William D. Bugbee, M.D.
10 Minutes	Larger Lesion Debate: MACI Faculty: Christian Lattermann, M.D.
10 Minutes	New Technology Debate: Use Them Now vs Not Ready for Primetime 1 Faculty: Rachel Frank, M.D. Faculty: Cassandra Lee, M.D.
10 Minutes	Dealing with Failed Cartilage Surgery Faculty: Andreas H. Gomoll, M.D.
Ligament	
10 Minutes	ACL Graft Selection Debate 1: Patellar Tendon ACLR: BTB is the Gold Standard! Faculty: Kelechi R. Okoroha, M.D.
10 Minutes	ACL Graft Selection Debate 2: Quadriceps Tendon ACLR: Laud the Quad! Faculty: Clayton William Nuelle, M.D.
10 Minutes	ACL Primary Repair: is There a Role Debate 1—Yes Faculty: Betina Hinckel, M.D.
10 Minutes	ACL Primary Repair: is There a Role Debate 1—No Faculty: Andrew Gregory Geeslin, M.D.
10 Minutes	When do I use IT Band Tenodesis? Faculty: Alan Martin John Getgood, M.D.
10 Minutes	Revision ACL Considerations to Maximize Outcome Faculty: Scott C. Faucett, M.D., M.S.
10 Minutes	MCL Injury: Decision-Making and Operative Technique Faculty: Andrea Spiker, M.D.
10 Minutes	Posterolateral Injury: When and How to Manage

	Faculty: Bruce A. Levy, M.D.
10 Minutes	Multiple Ligament Reconstruction: How Do I Approach? Faculty: Marc Tompkins, M.D.

Shoulder Pre-Course Curriculum

Operating Room Set Up: Beach Chair	Jonathan Ticker, M.D.
Operating Room Set Up: Lateral: I Hate Ropes and Pulleys, I love my Robot Arm!	Joseph Tauro, M.D.
How to Get There: Portals, Portals Everywhere!	Keith Nord, M.D.
SLAP Lesions: Current Indications: Do's and Don'ts of Fixation	Mary Mulcahey, M.D.
Anterior Instability Repair: Portals, Anchors, and Suture Passage- Maximizing Your Repair	John Kelly, M.D.
Arthroscopic Capsular Shift: Some Tricks You Should Know	Joseph Tauro, M.D.
Tips for Knots and Knotless Fixation – Is the Technique Different?	Paul Caldwell, M.D.
GAGHL, HAGL, and RHAGL's: Fixing Them Safely	John Tokish, M.D.
Posterior Instability: Getting to the Back	Ian Lo, M.D., FRCSC
MDI: Balancing the Shoulder All the Way Around	Robert Litchfield, M.D.
When is a Bankart Not Enough? Factors to Consider	Michael O'Brien, M.D.
Remplissage Procedure: Technical Tricks to Make it Simple	Larry Field, M.D.
Open Latarjet: Reproducible Technique to Avoid Complications	Giovanni Di Giacomo, M.D.
Not Everyone Needs a Latarjet! - Other Bony Options	Matthew Provencher, M.D.
SAD: Should We Ever Do It? Indications and Tips	William Ciccone, M.D.
Mumford Procedure: How Much is Enough? Technical Pearls for Success	Christopher Uggen, M.D.
Be the Cuff, See the Cuff! Pre and Intra Operative ID of Tear Shape	Robert Hartzler, M.D.
Mobilization for Contracted Tears: Routine Release and Slides, Oh My!	Joseph Tauro, M.D.
Single Row RCR: Yup, We Still Do That! Why and How to do Them	Mark Getelman, M.D.
Double Row RCR: Why and How to do Them	Robert Hartzler, M.D.
Partial Thickness Tears: Articular and Bursal Sided. Techniques to Keep It, Cut It, or Patch It	Louis McIntyre, M.D.
SCR: Is it That Much Better than a Bridging Graft?	Ian K.Y. Lo, M.D.

SCR: How to do it to Optimize Outcomes	Patrick Denard, M.D.
Irreparable Subscapularis: Pec Major or Lat Dorsi	Sumant Krishnan, M.D. and Eddie Lo, M.D.
ER Lag: When to think Lower Trap Transfer	Jarrett Woodmass, M.D.
Revision Rotator Cuff Repair: Bone and Soft Tissue Considerations	Larry Field, M.D.
Biceps Tenotomy and Tenodesis: High, Low, Inside or on the Bone	Nikhil Verma, M.D.
Capsular Release: 360-Degree Release for Gaining Mobility	Alan Curtis, M.D.
Suprascapular Nerve Release: You Never Know When You Might Need It	Kevin Plancher, M.D.
ACJ: Solutions, Case Based Acute and Chronic Cases	Augustus Mazzocca, M.D.
Glenohumeral OA: Comprehensive Arthroscopic Management and Patch Resurfacing – Worth the Trouble?	Peter Millett, M.D., MSc
Biologics and Patches: What is the Latest Data? Indications and Technical Pearls	Brian Cole, M.D., MBA
Subscapularis tears: From Small to Big!	Jonathan Ticker, M.D.

Pre-Course Hip Curriculum

10 Minutes	Approach to Young Adult Hip Patient: Physical Exam and Patient Selection T. Sean Lynch, M.D.
8 Minutes	US Guided Injections: Cortisone, PRP, BMAC, and HA Jorge Chahla, M.D.
15 Minutes	Rehabilitation for Hip and Pelvic Pain Kristyn Taylor, D.P.T.
17 Minutes	Imaging Studies: Plain Radiographs, MRI, CT Sanjeev Bhatia, M.D.
7 Minutes	New Concepts in FAIS Shane J. Nho, M.D.
10 Minutes	Intra-Operative Fluoroscopy and Dynamic Assessment Ajay C. Lall, M.D., M.S.
10 Minutes	Residual Pediatric Deformities Steven K. Aoki, M.D.
8 Minutes	Borderline Hip Dysplasia Joshua D. Harris, M.D.
11 Minutes	Hip Dysplasia and Dysplasia Variants Andrea Spiker, M.D.
10 Minutes	CAM Impingement Michael Salata, M.D.
10 Minutes	Hip Access: Distraction, Fluoroscopy, and Portal Placement Winston Gwathmey, M.D.
15 Minutes	Continuum of Labral Management: My Algorithm for Debridement, Repair, Augment, and Reconstruction Christopher Larson, M.D.
11 Minutes	Technical Spotlight: 270 Degree Labral Reconstruction Andy Wolff, M.D.
17 Minutes	New Cartilage Technologies: Ready for Prime Time? Thomas Wuerz, M.D.
18 Minutes	Hip Cartilage Repair: Microfracture, Biocartilage, De Novo, Prochondrix Chad Mather, M.D.
8 Minutes	Debate: Subspine Decompression for All My Cases Joshua D. Harris, M.D.
8 Minutes	Debate: Subspine is a Myth Travis G. Maak, M.D.
11 Minutes	Primary Capsular Repair Technologies Shane J. Nho, M.D.

9 Minutes	Capsular Technical Pearls in Revision Hip Arthroscopy Steven K. Aoki, M.D.
17 Minutes	Technical Spotlight: Knotless Anchor Repair for Hip Labrum John J. Christoforetti, M.D.
14 Minutes	Technical Spotlight: Labral Augmentation Michael Ellman, M.D.
12 Minutes	Core Muscle Injuries Brian Busconi, M.D.
13 Minutes	Endoscopic CMI Repair and Pubic Symphysis Excision Dean K. Matsuda, M.D.
6 Minutes	Debate: Endoscopic Gluteus Medius Repairs Joshua D. Harris, M.D.
12 Minutes	Debate: Endoscopic Gluteal Repair with Allograft Augmentation Jovan Laskovski, M.D.
6 Minutes	Debate: Open Superior Gluteal Reconstruction Jorge Chahla, M.D., Ph.D.
8 Minutes	Debate: Endoscopic Proximal Hamstring Repair Chad Mather, M.D.
14 Minutes	Debate: Open Hamstring Repair Brian Giordano, M.D.
7 Minutes	Approach to Failed Hip Arthroscopy Allston J. Stubbs, IV, M.D., M.B.A.
10 Minutes	Debate: Open Gluteus Medius Repairs is Better and Faster Michael Salata, M.D.
15 Minutes	Diagnostic Work-Up for Hip Injuries – History, Exam, Imaging, Injections J.W. Thomas Byrd, M.D.
11 Minutes	Labral Management, Debride, Repair, Reconstruct, Augment Marc. J. Philippon, M.D.
11 Minutes	Osseous Management, Pincer, AILS, Os, Acetabuli Christopher M. Larson, M.D.
9 Minutes	Ultrasound Imaging of the Hip and Pelvis/Ultrasound Access for Portal Placement Ivan H. Wong, M.D., FAANA
14 Minutes	Capsular Management – Capsulotomy, Capsular Windows, Exposure, and Repair/Plication/Reconstruction Shane J. Nho, M.D., M.S.
12 Minutes	Complications and Approach to Revision Arthroscopy Allston J. Stubbs, IV, M.D., M.B.A.
20 Minutes	Pearls and Pitfalls of Patient Selection in Hip Preservation Practice John J. Christoforetti, M.D.

8 Minutes

What's the Evidence? The Latest Evidence in Hip Arthroscopy and Preservation Surgery
Olufemi R. Ayeni, M.D.