

The 2026 AANA E.L.I.T.E. Labs represent a unique evolution in surgical education—designed around *you*, the learner. Rather than progressing through a predetermined agenda, participants actively define their learning objectives and procedural focus areas. This immersive, hands-on laboratory experience allows surgeons to customize surgical skill development based on career stage, case mix, identified gaps, and individual practice goals.

E.L.I.T.E. Labs intentionally move beyond “exposure-based” education. Faculty engagement is dynamic, iterative, and responsive—supporting deliberate practice, real-time feedback, and refinement of technique in complex and controversial scenarios. Learners may explore foundational skills, advanced techniques, revision strategies, or emerging technologies across multiple joints, creating an experience that is full of mentorship while retaining the depth and resource access of a national course.

The design of this activity supports improved competence and performance by enabling learners to:

- Strengthen understanding of indications, technical principles, and decision-making for advanced joint-specific procedures.
- Demonstrate procedural skills in a controlled, supervised environment using contemporary instruments, implants, and techniques.
- Apply case-based reasoning to complex joint-specific pathology.

Learning Objectives

1. Construct patient-specific decision-making algorithms for complex or controversial clinical scenarios.
2. Apply evidence-based and experience-driven strategies tailored to unique anatomic and revision challenges.
3. Refine arthroscopic and open surgical techniques through focused, repetitive hands-on practice.
4. Adapt surgical approaches based on intraoperative findings, complications, or prior failed procedures.
5. Translate lab-based learning directly into daily clinical practice.

Financial Disclosure/Conflict of Interest

It is the mission of AANA as a provider accredited by ACCME to provide independent, fair, balanced, bias-free, peer-reviewed continuing medical education to its learners. In accordance with the ACCME Standards for Integrity and Independence, AANA requires that all CME activities ensure content meets the ACCME requirements for validity (Standard 1), prevents commercial bias and marketing in accredited continuing education (Standard 2), ensures that any individual in the position to control AANA educational content discloses interests with ineligible companies* to AANA and that any relevant financial interests are identified and mitigated, and that all interests are disclosed to learners (Standard 3), and; AANA ensures that any and all commercial support (excluding fees for advertising and exhibits, if received), is managed appropriately and disclosed to learners (Standard 4).

*An ineligible company is defined as one whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

In accordance with the guidelines of the ACCME, it is AANA's policy that faculty and planners disclose to the learners all financial relationships within 24 months of the educational activity with any ineligible company that relates to their content. All disclosures will be listed in the final programs/agenda and/or on-site materials that are distributed during designated activities. In accordance with AANA policy, faculty participation is predicated upon timely submission and review of disclosures, and mitigation of any relevant financial interest(s). Non-compliance results in faculty removal from the activity.

AANA E.L.I.T.E. Lab, Pick Your Joint
June 13th, 2026

Orthopaedic Learning Center, Rosemont, Illinois
Available Lab Focus: Shoulder

Course Chairs

Cory Edgar, M.D., Ph.D., FANNA
MaCalus Hogan, M.D., M.B.A.
S. Joshua Szabo, M.D., FANNA

Associate Faculty
TBD

Saturday E.L.I.T.E. Session	
Hands-on Activity	
7:00-7:30 a.m.	Registration, Coffee, Networking, Booth Visits
7:30-8:30 a.m.	Technical Pearls
8:30-8:45 a.m.	Move to Lab
8:45-11:30 a.m.	E.L.I.T.E. Lab Session Participant Chosen Goals – Build Your Lab Session! Available Joints <ul style="list-style-type: none"> • Knee • Elbow • Foot/Ankle • Hip
11:30-11:45 a.m.	Lunch Available Move to Auditoriums for Procedure Demonstrations
11:45 a.m.-12:15 p.m.	Non-CME Demonstration
12:15-12:30 p.m.	Brief Q&A

12:30-1:00 p.m.	Non-CME Demonstration
1:00-2:00 p.m.	Panel Discussion (Case-based)
2:15-5:15 p.m.	E.L.I.T.E. Lab Session Participant Chosen Goals Available Joints <ul style="list-style-type: none"> • Knee • Elbow • Foot/Ankle • Hip
5:15 p.m.	Course Adjourns

Elbow Pre-Course		
Time to Complete	Lecture Description	Presenter
20 Minutes	Basics of Elbow Arthroscopy – Setting Yourself Up for Success <ul style="list-style-type: none"> - The Mayo Way - The Mississippi/New Orleans Way <ul style="list-style-type: none"> i) <i>How Do You Convert to Open?</i> ii) <i>How Do You Fluoro Intra-op?</i> iii) <i>How Can You Harvest Graft from Wrist of Elbow?</i> 	Scott P. Steinmann, MD S. Joshua Szabo, MD
10 Minutes	Elbow Tendinopathy: Tennis Elbow – Lessons Learned After 15+ Years of Arthroscopic Treatment	S. Joshua Szabo, MD
20 Minutes	UCL Injuries Controversies <ul style="list-style-type: none"> - Repair <ul style="list-style-type: none"> i) <i>Is There a Level of Athlete You Will Not Attempt to Repair?</i> ii) <i>What Helps You Determine Repairability of the UCL? Chronicity, Ultrasound, MRI, or OR Assessment?</i> iii) <i>How Hard is it to Revise Repair?</i> - Reconstruction and Revision UCL <ul style="list-style-type: none"> i) <i>How Do You Choose Graft?</i> ii) <i>Ulnar Nerve Management?</i> iii) <i>Tips and Pearls for Revision</i> 	Jeffrey R. Dugas, MD Keith Meister, MD
10 Minutes	LUCL Injuries and Elbow Dislocations: When to Brace/Repair/Reconstruct <ul style="list-style-type: none"> - <i>When to MRI?</i> - <i>When to Operate, Scope vs. Open?</i> - <i>Scope Capabilities – When Do We Need to Open?</i> 	Felix H. Savoie III, MD

10 Minutes	Elbow Stiffness and Arthritis: Arthroscopic Management and Limitations <ul style="list-style-type: none"> - <i>When Will Scope NOT Work/Contraindicated?</i> - <i>When Do You Do Nerve Releases?</i> 	Larry D. Field, MD
10 Minutes	OCD Capitellum: Open and Arthroscopic Treatment <ul style="list-style-type: none"> - <i>Treatment Algorithm: Cast, Brace, Scope, Open and Grafting?</i> - <i>Scope and Open Techniques</i> - <i>Graft Sources?</i> 	Scott P. Steinmann, MD
20 Minutes	Distal Biceps Tears: Appreciating Anatomy, Biomechanics, and Complications <ul style="list-style-type: none"> - Single Incision - Dual Incision <ol style="list-style-type: none"> <i>Restoration of Anatomy</i> <i>Fixation and Surgical Technique</i> 	Augustus D. Mazzocca, MD Chris C. Schmidt, MD
10 Minutes	UCL Injuries of the Throwing Elbow – The Tommy John Procedure	James R. Andrews, MD
10 Minutes	The Evaluation & Treatment of the Adolescent and Adult Thrower with Shoulder or Elbow Pain	Kevin E. Wilk, PT, DPT, FAPTA

Knee Pre-Course Curriculum

Patellofemoral

10 Minutes	Critical Clinical Assessment of Patellofemoral Patient Faculty: Miho Jean Tanaka, M.D., M.A.
10 Minutes	When is an MPFL Enough, when do you Need a TTO in Addition? Faculty: Adam B. Yanke, M.D., Ph.D.
10 Minutes	Trochleoplasty: When and How Faculty: David R. Diduch, M.D.
10 Minutes	TTO: When and How Faculty: Jack Farr, II, M.D.
10 Minutes	Cartilage Injury with PF Instability: How do I Manage? Faculty: Andreas H. Gomoll, M.D.
10 Minutes	Complications of MPFL Surgery Faculty: Sabrina M. Strickland, M.D.
10 Minutes	Cartilage Only Flap Repair Faculty: Peter D. Fabricant, M.D., M.P.H.

Meniscus

10 Minutes	Don't Bother with Repair--Partial Meniscectomy is Best for These Tear Types Faculty: Laith M. Jazrawi, M.D.
10 Minutes	The In-Season Athlete with a Meniscus Tear: How I Manage Faculty: Kelechi R. Okoroha, M.D.

10 Minutes	All-inside, Inside-out, Outside-in: How do I Decide and How I Do It Faculty: Lee Pace, M.D.
10 Minutes	Radial Tears: How I Repair Them Faculty: Jorge Chahla, M.D., Ph.D.
10 Minutes	Horizontal Cleavage Tears: When Do I Resect, When Do I Repair? Faculty: Scott C. Faucett, M.D., M.S.
10 Minutes	Root Tears: Current Treatment Concepts in 2021 Faculty: Adam B. Yanke, M.D., Ph.D.
10 Minutes	Advanced Techniques—Pushing the Envelope in Meniscus Repair Faculty: David Hartigan, M.D.
10 Minutes	Biologic Augmentation of Meniscus Repairs: Current Options and What is the Evidence? Faculty: Andrea Spiker, M.D.
10 Minutes	Meniscus Transplantation: Why, When, and by Whom? Faculty: James Carey, M.D.
10 Minutes	LMAT for the Discoid Meniscus Issues in Children and Adolescents Faculty: Bert R. Mandelbaum, M.D.
10 Minutes	Meniscus Transplantation: Technical Pearls Faculty: Wayne K. Gersoff, M.D.
Articular Cartilage	
10 Minutes	Orthobiologic Injections: How I Use in My Practice Faculty: Bert R. Mandelbaum, M.D.
10 Minutes	When Should I Consider Debridement Alone? Faculty: Deryk G. Jones, M.D.
10 Minutes	Smaller Lesion Debate: MFX vs Autograft Transfer 1 Faculty: Paul Caldwell, M.D. Faculty: Scott C. Faucett, M.D., M.S.
10 Minutes	Smaller Lesion Debate: MFX vs Autograft Transfer 2 Faculty: Clayton William Nuelle, M.D. Faculty: Mary K. Mulcahey, M.D.
10 Minutes	Larger Lesion Debate: OCA Faculty: William D. Bugbee, M.D.
10 Minutes	Larger Lesion Debate: MACI Faculty: Christian Lattermann, M.D.
10 Minutes	New Technology Debate: Use Them Now vs Not Ready for Primetime 1 Faculty: Rachel Frank, M.D. Faculty: Cassandra Lee, M.D.
10 Minutes	Dealing with Failed Cartilage Surgery Faculty: Andreas H. Gomoll, M.D.

Ligament	
10 Minutes	ACL Graft Selection Debate 1: Patellar Tendon ACLR: BTB is the Gold Standard! Faculty: Kelechi R. Okoroha, M.D.
10 Minutes	ACL Graft Selection Debate 2: Quadriceps Tendon ACLR: Laud the Quad! Faculty: Clayton William Nuelle, M.D.
10 Minutes	ACL Primary Repair: is There a Role Debate 1—Yes Faculty: Betina Hinckel, M.D.
10 Minutes	ACL Primary Repair: is There a Role Debate 1—No Faculty: Andrew Gregory Geeslin, M.D.
10 Minutes	When do I use IT Band Tenodesis? Faculty: Alan Martin John Getgood, M.D.
10 Minutes	Revision ACL Considerations to Maximize Outcome Faculty: Scott C. Faucett, M.D., M.S.
10 Minutes	MCL Injury: Decision-Making and Operative Technique Faculty: Andrea Spiker, M.D.
10 Minutes	Posterolateral Injury: When and How to Manage Faculty: Bruce A. Levy, M.D.
10 Minutes	Multiple Ligament Reconstruction: How Do I Approach? Faculty: Marc Tompkins, M.D.

Pre-Course Hip Curriculum	
10 Minutes	Approach to Young Adult Hip Patient: Physical Exam and Patient Selection T. Sean Lynch, M.D.
8 Minutes	US Guided Injections: Cortisone, PRP, BMAC, and HA Jorge Chahla, M.D.
15 Minutes	Rehabilitation for Hip and Pelvic Pain Kristyn Taylor, D.P.T.
17 Minutes	Imaging Studies: Plain Radiographs, MRI, CT Sanjeev Bhatia, M.D.
7 Minutes	New Concepts in FAIS Shane J. Nho, M.D.
10 Minutes	Intra-Operative Fluoroscopy and Dynamic Assessment Ajay C. Lall, M.D., M.S.
10 Minutes	Residual Pediatric Deformities Steven K. Aoki, M.D.
8 Minutes	Borderline Hip Dysplasia Joshua D. Harris, M.D.

11 Minutes	Hip Dysplasia and Dysplasia Variants Andrea Spiker, M.D.
10 Minutes	CAM Impingement Michael Salata, M.D.
10 Minutes	Hip Access: Distraction, Fluoroscopy, and Portal Placement Winston Gwathmey, M.D.
15 Minutes	Continuum of Labral Management: My Algorithm for Debridement, Repair, Augment, and Reconstruction Christopher Larson, M.D.
11 Minutes	Technical Spotlight: 270 Degree Labral Reconstruction Andy Wolff, M.D.
17 Minutes	New Cartilage Technologies: Ready for Prime Time? Thomas Wuerz, M.D.
18 Minutes	Hip Cartilage Repair: Microfracture, Biocartilage, De Novo, Prochondrix Chad Mather, M.D.
8 Minutes	Debate: Subspine Decompression for All My Cases Joshua D. Harris, M.D.
8 Minutes	Debate: Subspine is a Myth Travis G. Maak, M.D.
11 Minutes	Primary Capsular Repair Technologies Shane J. Nho, M.D.
9 Minutes	Capsular Technical Pearls in Revision Hip Arthroscopy Steven K. Aoki, M.D.
17 Minutes	Technical Spotlight: Knotless Anchor Repair for Hip Labrum John J. Christoforetti, M.D.
14 Minutes	Technical Spotlight: Labral Augmentation Michael Ellman, M.D.
12 Minutes	Core Muscle Injuries Brian Busconi, M.D.
13 Minutes	Endoscopic CMI Repair and Pubic Symphysis Excision Dean K. Matsuda, M.D.
6 Minutes	Debate: Endoscopic Gluteus Medius Repairs Joshua D. Harris, M.D.
12 Minutes	Debate: Endoscopic Gluteal Repair with Allograft Augmentation Jovan Laskovski, M.D.
6 Minutes	Debate: Open Superior Gluteal Reconstruction Jorge Chahla, M.D., Ph.D.

8 Minutes	Debate: Endoscopic Proximal Hamstring Repair Chad Mather, M.D.
14 Minutes	Debate: Open Hamstring Repair Brian Giordano, M.D.
7 Minutes	Approach to Failed Hip Arthroscopy Allston J. Stubbs, IV, M.D., M.B.A.
10 Minutes	Debate: Open Gluteus Medius Repairs is Better and Faster Michael Salata, M.D.
15 Minutes	Diagnostic Work-Up for Hip Injuries – History, Exam, Imaging, Injections J.W. Thomas Byrd, M.D.
11 Minutes	Labral Management, Debride, Repair, Reconstruct, Augment Marc. J. Philippon, M.D.
11 Minutes	Osseous Management, Pincer, AILS, Os, Acetabuli Christopher M. Larson, M.D.
9 Minutes	Ultrasound Imaging of the Hip and Pelvis/Ultrasound Access for Portal Placement Ivan H. Wong, M.D., FAANA
14 Minutes	Capsular Management – Capsulotomy, Capsular Windows, Exposure, and Repair/Plication/Reconstruction Shane J. Nho, M.D., M.S.
12 Minutes	Complications and Approach to Revision Arthroscopy Allston J. Stubbs, IV, M.D., M.B.A.
20 Minutes	Pearls and Pitfalls of Patient Selection in Hip Preservation Practice John J. Christoforetti, M.D.
8 Minutes	What's the Evidence? The Latest Evidence in Hip Arthroscopy and Preservation Surgery Olufemi R. Ayeni, M.D.

Relevant Financial Disclosures

Jami Firek, Role: Staff Planner
No financial interests to disclose