

Precision Shoulder Surgery: Customizable, Expert-Guided Training for Today's Surgeon

This educational activity is designed to provide orthopaedic surgeons with an individualized, evidence-informed, and skills-focused experience in advanced shoulder surgery. The course integrates pre-course didactic modules with in-person expert instruction and extensive hands-on bio-skills training, enabling participants to acquire, reinforce, and apply technical knowledge and procedural decision-making strategies relevant to contemporary shoulder practice.

Participants engage with a comprehensive pre-course curriculum addressing key topics such as principles of SLAP and instability repair, capsular management, rotator cuff repair options, tendon transfers, biologic augmentation, bone loss management, and approaches to irreparable pathology. These modules, developed and delivered by recognized leaders in shoulder surgery, ensure that learners arrive with baseline knowledge aligned to current best practices.

During the live activity, participants receive focused instruction through Technical Pearls sessions, non-CME surgical demonstrations, and a case-based panel discussion. The core learning experience includes two extended hands-on E.L.I.T.E. lab sessions in which participants select from a range of advanced arthroscopic and open shoulder procedures, allowing for an individualized training plan based on each learner's goals and practice needs. Faculty provide direct observation, guidance, and feedback to support skill acquisition and refinement.

The design of this activity supports improved competence and performance by enabling learners to:

- Strengthen understanding of indications, technical principles, and decision-making for advanced shoulder procedures.
- Demonstrate procedural skills in a controlled, supervised environment using contemporary instruments, implants, and techniques.
- Apply case-based reasoning to complex shoulder pathology, including instability patterns, rotator cuff tear types, bone loss, and irreparable or revision scenarios.

Learning Objectives

1. Describe current evidence-based principles and technical considerations for advanced shoulder procedures.
2. Demonstrate improved competence in performing advanced arthroscopic and open shoulder techniques
3. Apply case-based reasoning to surgical decision-making for complex should pathology.
4. Integrate procedural knowledge and technical skills into clinical practice.
5. Evaluate personal learning needs and select individualized procedural goals.

Financial Disclosure/Conflict of Interest

It is the mission of AANA as a provider accredited by ACCME to provide independent, fair, balanced, bias-free, peer-reviewed continuing medical education to its learners. In accordance with the ACCME Standards for Integrity and Independence, AANA requires that all CME activities ensure content meets the ACCME requirements for validity (Standard 1), prevents commercial bias and marketing in accredited continuing education (Standard 2), ensures that any individual in the position to control AANA educational content discloses interests with ineligible companies* to AANA and that any relevant financial interests are identified and mitigated, and that all interests are disclosed to learners (Standard 3), and; AANA ensures that any and all commercial support (excluding fees for advertising and exhibits, if received), is managed appropriately and disclosed to learners (Standard 4).

*An ineligible company is defined as one whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

In accordance with the guidelines of the ACCME, it is AANA's policy that faculty and planners disclose to the learners all financial relationships within 24 months of the educational activity with any ineligible company that relates to their content. All disclosures will be listed in the final programs/agenda and/or on-site materials that are distributed during designated activities. In accordance with AANA policy, faculty participation is predicated upon timely submission and review of disclosures, and mitigation of any relevant financial interest(s). Non-compliance results in faculty removal from the activity.

**AANA E.L.I.T.E. Lab,
June 13th, 2026**

**Orthopaedic Learning Center, Rosemont, Illinois
Available Lab Focus: Shoulder**

Course Chairs

Robert Hartzler, M.D., M.S. and Albert Lin, M.D.

Master Faculty:

Felix Savoie III, M.D.

Associate Faculty

TBD

Saturday E.L.I.T.E. Session

Hands-on Activity

7:00-7:30 a.m.	Registration, Coffee, Networking, Booth Visits
7:30-8:30 a.m.	Technical Pearls
8:30-8:45 a.m.	Move to Lab
8:45-11:30 a.m.	<p>E.L.I.T.E. Lab Session Participant Chosen Goals – Build Your Lab Session!</p> <p>Available Shoulder Procedures</p> <ul style="list-style-type: none"> • Diagnostic Scope • Labral Repair • Glenoid Bone Loss, AAGR, Laterjet • Complex Soft Tissue Instability (Remplissage, HAGL, rHAGL) • Biceps Tenodesis • Rotator Cuff Repair • SSN Releases • TSA • rTSA

11:30-11:45 a.m.	Lunch Available Move to Auditoriums for Procedure Demonstrations
11:45 a.m.-12:15 p.m.	Non-CME Demonstration
12:15-12:30 p.m.	Brief Q&A
12:30-1:00 p.m.	Non-CME Demonstration
1:00-2:00 p.m.	Panel Discussion (Case-based)
2:15-5:15 p.m.	E.L.I.T.E. Lab Session Participant Chosen Goals Available Shoulder Procedures <ul style="list-style-type: none"> • Diagnostic Scope • Labral Repair • Glenoid Bone Loss, AAGR, Laterjet • Complex Soft Tissue Instability (Remplissage, HAGL, rHAGL) • Biceps Tenodesis • Rotator Cuff Repair • SSN Releases • TSA • rTSA
5:15 p.m.	Course Adjourns

Shoulder Pre-Course Curriculum

Operating Room Set Up: Beach Chair	Jonathan Ticker, M.D.
Operating Room Set Up: Lateral: I Hate Ropes and Pulleys, I love my Robot Arm!	Joseph Tauro, M.D.
How to Get There: Portals, Portals Everywhere!	Keith Nord, M.D.
SLAP Lesions: Current Indications: Do's and Don'ts of Fixation	Mary Mulcahey, M.D.
Anterior Instability Repair: Portals, Anchors, and Suture Passage- Maximizing Your Repair	John Kelly, M.D.
Arthroscopic Capsular Shift: Some Tricks You Should Know	Joseph Tauro, M.D.

Tips for Knots and Knotless Fixation – Is the Technique Different?	Paul Caldwell, M.D.
GAGHL, HAGL, and RHAGL's: Fixing Them Safely	John Tokish, M.D.
Posterior Instability: Getting to the Back	Ian Lo, M.D., FRCSC
MDI: Balancing the Shoulder All the Way Around	Robert Litchfield, M.D.
When is a Bankart Not Enough? Factors to Consider	Michael O'Brien, M.D.
Remplissage Procedure: Technical Tricks to Make it Simple	Larry Field, M.D.
Open Latarjet: Reproducible Technique to Avoid Complications	Giovanni Di Giacomo, M.D.
Not Everyone Needs a Latarjet! - Other Bony Options	Matthew Provencher, M.D.
SAD: Should We Ever Do It? Indications and Tips	William Ciccone, M.D.
Mumford Procedure: How Much is Enough? Technical Pearls for Success	Christopher Uggen, M.D.
Be the Cuff, See the Cuff! Pre and Intra Operative ID of Tear Shape	Robert Hartzler, M.D.
Mobilization for Contracted Tears: Routine Release and Slides, Oh My!	Joseph Tauro, M.D.
Single Row RCR: Yup, We Still Do That! Why and How to do Them	Mark Getelman, M.D.
Double Row RCR: Why and How to do Them	Robert Hartzler, M.D.
Partial Thickness Tears: Articular and Bursal Sided. Techniques to Keep It, Cut It, or Patch It	Louis McIntyre, M.D.
SCR: Is it That Much Better than a Bridging Graft?	Ian K.Y. Lo, M.D.
SCR: How to do it to Optimize Outcomes	Patrick Denard, M.D.
Irreparable Subscapularis: Pec Major or Lat Dorsi	Sumant Krishnan, M.D. and Eddie Lo, M.D.
ER Lag: When to think Lower Trap Transfer	Jarrett Woodmass, M.D.
Revision Rotator Cuff Repair: Bone and Soft Tissue Considerations	Larry Field, M.D.
Biceps Tenotomy and Tenodesis: High, Low, Inside or on the Bone	Nikhil Verma, M.D.
Capsular Release: 360-Degree Release for Gaining Mobility	Alan Curtis, M.D.

Suprascapular Nerve Release: You Never Know When You Might Need It	Kevin Plancher, M.D.
ACJ: Solutions, Case Based Acute and Chronic Cases	Augustus Mazzocca, M.D.
Glenohumeral OA: Comprehensive Arthroscopic Management and Patch Resurfacing – Worth the Trouble?	Peter Millett, M.D., MSc
Biologics and Patches: What is the Latest Data? Indications and Technical Pearls	Brian Cole, M.D., MBA
Subscapularis tears: From Small to Big!	Jonathan Ticker, M.D.

Relevant Financial Disclosures

Jami Firek, Role: Staff Planner

No financial interests to disclose