Welcome to the AANA Mentorship Program. You have been selected to participate in this program because you expressed a desire to establish a professional relationship with a peer, connect with other surgeons in the arthroscopy community and work with your mentor/mentee over the course of the next year to meet a set of mutually agreed-upon goals.

The purpose of the AANA Mentorship Program is to match more experienced, seasoned surgeons with those who are seeking guidance in their career growth as well as gain general advice. All participants must be current AANA members.

The success of your mentorship experience is in your hands. Here is your road map:

**First 30 Days**

*Schedule your first one-on-one meeting.* This can be a video call (i.e. Zoom, FaceTime, etc.) to put a face to name. Tip: Introductions via email are not encouraged as they are not very conducive to creating a relationship and are also easy to ignore.

**First 90 Days**

*Hold your first meeting.* During that meeting, schedule your second one-on-one meeting. At minimum, the mentor should initiate quarterly check-ins. These check-ins could be in the form of an email or text message after the first video call introduction.

**First 365 Days**

*Hold a clinical case discussion(s).* This can be done by way of both the mentor and mentee discussing their case loads as well as case challenges and areas of improvement.

**AANA Mentorship Program Events: (As Currently Scheduled)**

Meet and Greet at the AANA Annual Meeting – occurs every April/May annually.

**Not the Perfect Pair?**

*This is okay!* If you find that your mentor/mentee is either not accessible or the pairing feels inappropriate, reach out to the AANA Membership team at membership@aana.org to be formally reassigned to a new pairing.