

**DATE:** February 21-23, 2020

**TIME:** Fri 4:00pm – Sun 12:00pm

**LOCATION:** OLC

**1002: 3rd Annual Fellows/Chief Residents**

**Course:** Hip

You are encouraged to have breakfast prior to arriving to the course; refreshment breaks will be provided with coffee and snacks. Please bring writing materials.

**Friday, February 21**

Time:	Lab/Lecture Description:	Location
3-4 p.m.	Non-CME presentation: <b>DePuy/Mitek Dynacord</b> , <i>Cory Edgar, M.D., Ph.D., Denver T. Stanfield, M.D.</i> Coffee served 3-8:30 p.m. at the OLC.	Auditorium B
4-4:10 p.m.	Course Welcome/Intro to Friday Rotations, <i>Denver T. Stanfield, M.D.</i>	Auditorium B
4:10-5:20 p.m.	Group 1: Biologics and Regenerative Medicine Techniques, <i>Jeremy M. Burnham, M.D., Jorge Chahla, M.D., Ph.D., Jeremy Alland, M.D., Jerrica Watson, PA.</i>	Aud B
4:10-5:20 p.m.	Group 2: Ultrasound, <i>Josef K. Eichinger, M.D., Sanjeev Bhatia, M.D., Kyle Pilz, MMS, PA-C, Paige Maher, PA-C</i>	Aud A
5:20-6:30 p.m.	Group 2: Biologics and Regenerative Medicine Techniques, <i>Jeremy M. Burnham, M.D., Jorge Chahla, M.D., Ph.D., Jeremy Alland, M.D., Jerrica Watson, PA</i>	Aud B
5:20-6:30 p.m.	Group 1: Ultrasound, <i>Josef K. Eichinger, M.D., Sanjeev Bhatia, M.D., Kyle Pilz, MMS, PA-C, Paige Maher, PA-C</i>	Aud A
6:30-7 p.m.	Billing and DME Coding Session. Dinner Served!	Aud B
7-7:10 p.m.	Begin CME Program: Introduction of Course Directors, Associate Instructors, Course Description and Goals, <i>Brian R. Waterman, M.D.</i>	Aud B
7:10-8:40 p.m.	7:10: Meniscal Repair: Root, Ramp and Current Concepts for 2020, <i>Jorge Chahla, M.D., Ph.D.</i> 7:20: Biologic Augmentation of Meniscal Repair: Options and Evidence, <i>Jeremy M. Burnham, M.D.</i> 7:30: Interpretation of Advanced Ultrasound Reading, <i>Erin F. Alaia, M.D.</i> 7:40: OR Management: Efficiency and Simplicity, <i>Michael B. Banffy, M.D.</i> 7:50: MSC's Update: What the Evidence Says, What to Use and When, <i>Gabriella Ode, M.D.</i> 8:00: Hip, Knee and Shoulder Basic Cases, <i>Cory Edgar, M.D., Ph.D., Josef K. Eichinger, M.D., Jovan Laskovski, M.D., Sanjeev Bhatia, M.D., Grant E. Garrigues, M.D., Justin W. Griffin, M.D., Courtney A. Holland, M.D., Jorge Chahla, M.D., Ph.D., Robert U. Hartzler, M.D., Timothy S. Leroux, M.D., M.Ed., Anthony J. Scillia, M.D.</i> 8:30: Ethics, Education, Giving, Pass It On: Review of Saturday Start Time & Plan for Day, <i>Denver T. Stanfield, M.D.</i>	Aud B
8:45 p.m.	Faculty Dinner	

Saturday, February 22		
7-7:10 a.m.	CME Program Begins: Orientation to the Lab, <i>Josef K. Eichinger, M.D.</i> Coffee served 7-9 a.m. at the OLC.	Aud B
	Move to joint specific lectures: <b>Hip-Aud C, Shoulder-Aud A, Knee-Aud B</b>	
7:15-7:25 a.m.	Diagnostic Imaging for Hip Injuries, <i>Richard Kang, M.D.</i>	Aud C
7:25-7:35 a.m.	Indications and Contraindications for Hip Arthroscopy, <i>Thomas H. Wuerz, M.D., MSc</i>	
7:35-7:45 a.m.	OR Setup – Design, Team, Bed Selection and Access, <i>Robert Westermann, M.D.</i>	
7:45-7:55 a.m.	Capsular Management – Capsulotomy, Capsular Windows, Exposure and Repair/Plication/Reconstruction, <i>Michael B. Banffy, M.D.</i>	
7:55-8:05 a.m.	Labral Management – Debride, Repair, Reconstruct, Augment, <i>Thomas H. Wuerz, M.D., MSc</i>	
8:05-8:15 a.m.	Osseous Management – Pincer, AIIS, Os Acetabuli, CAM, <i>Sanjeev Bhatia, M.D.</i>	
8:15 a.m. – 12 p.m.	<b>LAB:</b> Portals, Acetabular and Subspine Prep, Labral Refixation, Labral Reconstruction, Peripheral Compartment	Cadaver Lab
11 a.m.-12 p.m.	<b>Lab DEMO: Central compartment: portals, rim trimming, labral repair,</b> <i>Thomas H. Wuerz, M.D., MSc</i>	Cadaver Lab
12-12:40 p.m.	Lunch and Lectures. Coffee served 12-1:30 p.m. at the OLC. 12:00: Announcements, <i>Denver T. Stanfield, M.D.</i> 12:05: "I Have Something to Disclose": Navigating Industry Relationships, <i>Justin W. Griffin, M.D.</i> 12:15: I Just Dropped My Graft on the OR Floor! Now What? <i>Aman Dhawan, M.D.</i> 12:25: Bad Things, Good People: Common Pitfalls in the 1st Year Practice, <i>Robert U. Hartzler, M.D.</i> 12:35: Tips for Practice and Young Surgeon Decision-making, <i>Denver T. Stanfield, M.D.</i>	Auditorium B
12:40 p.m.	Separate to Lectures, <b>Hip-Aud B, Shoulder-Aud A, Knee-Aud C</b>	
12:40-12:55 p.m.	Prehab and Rehab – Pearls and Controversies, <i>Jovan Laskovski, M.D.</i>	Aud B
12:55-1:05 p.m.	Capsular Reconstruction, <i>Derek Ochiai, M.D.</i>	
1:05-1:15 p.m.	Core Muscle Injuries – Athletic Pubalgia, <i>Andrew Rogers, M.D.</i>	
1:15-1:25 p.m.	Approach to the Failed Hip, <i>Andrew Riff, M.D.</i>	
1:25-1:30 p.m.	Snapping Hip Syndrome, <i>Anthony J. Scillia, M.D.</i>	
1:30-5 p.m.	<b>LAB:</b> Cam Resection, Capsular Reconstruction, Snapping Syndrome, Failed Hip <b>LAB DEMO:</b> Peripheral Compartment: Femoroplasty/CAM Decompression/Capsular Management, <i>Derek Ochiai, M.D.</i>	Cadaver Lab
4 p.m.		
4:55 p.m.	<b>All Lab Activity Must Stop</b>	
5 p.m.	<b>Pizza Dinner Served!</b> Coffee served 5-8:30 p.m. at the OLC.	
5-6 p.m.	<b>Non-CME Presentation: DePuy/Mitek Arthroscopic Latarjet Procedure,</b> <i>Grant E. Garrigues, M.D.</i>	Aud B
6-7 p.m.	<b>Sponsored dinner (non-CME presentation): Vericel MACI.</b> <i>Brian R. Waterman, M.D.</i>	Aud B
7-8:30 p.m.	CME Lectures: 7:00: Case Presentations/Panel Discussion, <i>Thomas H. Wuerz, M.D., MSc, Michael J. Alaia, M.D., Robert U. Hartzler, M.D., Nathan K. Endres, M.D., Josef K. Eichinger, M.D., Jovan Laskovski, M.D., Michael B. Banffy, M.D., Drew Lansdown, M.D., Christopher Y. Kweon, M.D.</i> 7:45: Practice Management Discussion/Questions/Open Q&A, Moderated by <i>Justin W., Griffin, M.D., Courtney A. Holland, M.D., Andrew J. Rogers, III, M.D.</i> Panel: <i>Grant E. Garrigues, M.D., Brian R. Waterman, M.D., Kevin W. Farmer, M.D., Cassandra A. Lee, M.D., Timothy S. Leroux, M.D., Xinning Li, M.D., Gabriella Ode, M.D., Robert W. Westermann, M.D.</i> 8:20: Wrap up/Sunday plan, <i>Denver T. Stanfield, M.D.</i>	Aud B

Sunday, February 23		
7:30-7:35 a.m.	CME Session begins: Announcements, Sunday Schedule, <i>Denver T. Stanfield, M.D.</i> Coffee served 7:30-9 a.m. at the OLC.	Aud B
7:35-7:45 a.m.	Team Physician: Roles and Responsibilities, <i>Kevin W. Farmer, M.D.</i>	
7:45-7:55 a.m.	AANA Membership: Ways to Get (and Stay) Involved After Fellowship, <i>Brian R. Waterman, M.D.</i>	
7:55-8:05 a.m.	ABOS: Not a Four Letter Word! Tips for Preparing for Parts 1 & 2, <i>Drew Lansdown, M.D.</i>	
8:05 a.m.	Separate to Lectures, <b>Hip-Aud A, Shoulder-Aud C, Knee-Aud B</b>	
8:10-8:20 a.m.	Partial and Full Thickness Gluteus Medius Repair, <i>Jovan Laskovski, M.D.</i>	Aud A
8:20-8:30 a.m.	Endoscopic Hamstring Repair, <i>Jovan Laskovski, M.D.</i>	
8:30-8:40 a.m.	Ischiofemoral Impingement, DGS, Piriformis Syndrome, <i>Anthony Scillia, MD</i>	
8:45 a.m. – 12 p.m.	<b>Lab:</b> Trochanteric Syndrome & Access, Gluteus Medius Repair, Hamstring Repair, Ischiofemoral Impingement, Dissection	Cadaver Lab
8:55-9:45 a.m.	<b>LAB DEMO:</b> Gluteus Medius Repair with Allograft Augmentation, <i>Jovan Laskovski, M.D.</i>	
12 p.m.	Course Adjourns	

MANY THANKS to our faculty:

**Course Co-Chairs:**

Denver T. Stanfield, M.D.

Brian R. Waterman, M.D.

Jovan Laskovski, M.D.

**Master Instructors:**

Cory Edgar, M.D., Ph.D.

Josef K. Eichinger, M.D.

Thomas H. Wuerz, M.D., MSc

**Faculty:**

Erin F. Alaia, M.D., Michael J. Alaia, M.D., Jeremy Alland, M.D., Michael B. Banffy, M.D., Sanjeev Bhatia, M.D., Jeremy M. Burnham, M.D., Jorge Chahla, M.D., Ph.D., Aman Dhawan, M.D., Nicholas Early, M.D., Nathan K. Endres, M.D., Kevin W. Farmer, M.D., Grant E. Garrigues, M.D., Justin W. Griffin, M.D., Robert U. Hartzler, M.D., M.S., Courtney A. Holland, M.D., Catherine Hui, M.D., Richard W. Kang, M.D., Christopher Y. Kweon, M.D., Drew Lansdown, M.D., Cassandra A. Lee, M.D., Timothy S. Leroux, M.D., M.Ed., Xinning Li, M.D., Paige Maher, PA-C, Derek H. Ochiai, M.D., Gabriella Ode, M.D., Kyle Pilz, MMS, PA-C, Andrew Riff, M.D., Andrew J. Rogers, III, M.D., Anthony J. Scillia, M.D., Jerrica Watson, PA, Robert W. Westermann, M.D.

## **Learning Objectives**

At the completion of this course the participant will be able to:

1. Identify routine and advances surgical techniques for the hip, knee, and/or shoulder to further understanding and technical skill in joint arthroscopy.
2. Recognize the open surgical techniques necessary for extra articular repair or reconstruction of the hip, knee, and/or shoulder.
3. Gain awareness of aspects surrounding orthopaedic practice management as well as office development, decision-making, and office procedure.

## **AANA Mobile App**

This course will be available for participants to download at least *one week prior* to the course start date on the AANA Mobile app. It is available on [Android](#), [iOS](#), and [Amazon Kindle](#).

## **Target Audience**

The primary target audience for 3rd Annual Fellows Course are Orthopaedic Fellows and Chief Residents.

## **Statement of Need**

AANA has determined the need for this live educational activity based on identifying professional practice gaps, previous course evaluations and the AANA Self-Assessment Examination. The educational content of this activity was based upon current issues and topics provided by AANA Planning Committees and Membership.

## **Continuing Medical Education/Credit Designation**

The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Arthroscopic Association of North America designates this live activity for a maximum of 18.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*This activity may also help fulfill the Maintenance of Certification credit requirements mandated by the American Board of Orthopaedic Surgery.*