

## MEETING AGENDA

**DATE:** AANA/OSET Advanced Knee

**TIME:** Monday 5pm – Tuesday 6pm

**LOCATION:** Bellagio, Las Vegas

**COURSE:** AANA/OSET Advanced Knee: Ligament, Meniscus, Articular Cartilage and Osteotomy

You are encouraged to have breakfast prior to arriving to the course. Refreshment breaks will be provided with coffee and snacks.

**\*Please Bring: Writing Materials/Laptop/iPad**

Monday, December 7 <sup>th</sup> 2020		
Time	Lab/Lecture Description	Location
5:30-6:00pm	Welcome: Orientation of Laboratory and Course Philosophy	
	<b>Meniscus: Moderators – Kevin Plancher, M.D., Nicholas Sgaglione, M.D.</b>	
6:00-6:10pm	How to Get Where You Need to Be in the Knee Without Damaging Critical Structures Faculty Lecture: Armondo Vidal, M.D.	
6:10-6:20pm	All-Inside, Inside-Out, Outside-In: How I Decide and How I Do It Faculty lecture: Kevin F. Bonner, M.D.	
6:20-6:30pm	Root Tears: Current Treatment Concepts for 2020 Faculty Lecture: Nicholas A. Sgaglione, M.D.	
6:30-6:40pm	Biologic Augmentation of Meniscus Repairs: Current Options & What is the Evidence? Faculty Lecture: Rachel Frank, M.D.	
6:40-6:50pm	Advanced Techniques: Pushing the Envelope in Meniscus Repair Faculty Lecture: Jason Dragoo, M.D.	
6:50-7:00pm	Meniscus Transplantation: Indications, Techniques and Outcomes Faculty Lecture: John C. Richmond, M.D.	
7:00-7:30pm	Meniscus Resection, Repair and Transplantation: Case – Based Presentation Moderators: Nicholas A. Sgaglione, M.D., Kevin Plancher, M.D. Panel: Vidal, Bonner, Dragoo, Richmond, Frank	
	<b>Articular Cartilage: Moderators – Kevin F. Bonner, M.D., Christian Lattermann, M.D.</b>	
7:30-7:40pm	Treatment of Articular Cartilage Lesions: Evidenced Based Decision Making Faculty Lecture: Kenneth Zaslav, M.D.	

<b>7:40-7:50pm</b>	OCD Treatment: Take Home Pearls to Guide your Treatment Faculty Lecture: Kevin F. Bonner, M.D.	
<b>7:50-8:00pm</b>	The Patellofemoral Cartilage Dilemma: Let Me Help You Faculty Lecture: Seth Sherman, M.D.	
<b>8:00-8:10pm</b>	New Cartilage Technologies in 2020: Ready for Prime Time? Faculty Lecture: Bert Mandelbaum, M.D.	
<b>8:10-8:20pm</b>	My Tips on Combining Cartilage with Other Procedures Faculty Lecture: Brian Cole, M.D., M.B.A.	
<b>8:20-8:30pm</b>	Orthobiologics Injections in the Knee (BMAC, Amniotic, Fat): What's Appropriate Based on the Evidence? Faculty Lecture: C. Thomas Vangsness Jr., M.D.	
<b>8:30-8:40pm</b>	Rehab and Return to Sport Timelines Following Cartilage Surgery Faculty Lecture: Charles A. Thigpen, P.T., Ph.D, A.T.C.	
<b>8:40-8:50pm</b>	Osteochondral Allografts: My Indications, Pearls and Results Faculty Lecture: William Bugbee, M.D.	
<b>8:50-9:20pm</b>	Articular Cartilage: Decision Making in 2020: An Evidenced-Based Approach Moderators: Christian Lattermann, M.D., Kevin F. Bonner, M.D. Panel: Sherman, Bugbee, Vangsness, Thigpen, Cole, Mandelbaum, Sgaglione, Zaslav	
	<b>Session Adjourns</b>	

**Tuesday, December 8<sup>th</sup> 2020**

Time	Lab/Lecture Description	Location
<b>6:30-7:00am</b>	Instructional Course Lectures and Breakfast Workshops Details Coming Soon!	
	<b>ACL Lectures: Moderators – Alan Getgood, M.D., William Beach, M.D.</b>	
<b>7:00-7:10am</b>	ACL Graft Selection: Evidence Based Recommendations Faculty Lecture: Kevin Plancher, M.D., M.P.H.	
<b>7:10-7:20am</b>	ACL Grafts, Tunnels, and Fixation: Avoiding Common Mistakes Faculty Lecture: Walter Shelton, M.D.	
<b>7:20-7:30am</b>	ACL Primary Repair: Is There a Role? Faculty Lecture, William Beach, M.D.	
<b>7:30-7:40am</b>	Revision ACL – Considerations to Maximize Successful Outcomes Faculty Lecture: John C. Richmond, M.D.	
<b>7:40-7:50am</b>	Lateral Extra-articular Procedures: When or Ever Should They be Used with an ACLR (with Technique Options) Faculty Lecture: Alan Getgood, M.D.	
<b>7:50-8:00am</b>	When Things Go Bad: Managing Infection and Stiffness Following ACL Surgery Faculty Lecture: Louis McIntyre, M.D.	
<b>8:00-8:30am</b>	State of the Art in Treating ACL Injuries: What Would You Do? Moderators: Alan Getgood, M.D., Kevin F. Bonner, M.D. Panel: Plancher, Sgaglione, Amendola, McMillan, Beach, Mandelbaum, Sherman, Shelton	
<b>8:30-8:40am</b>	PCL Reconstructions: Technique Options for Success Faculty Lecture: Armando F. Vidal, M.D.	
<b>8:40-8:50am</b>	Multiple Ligament Reconstructions: When and How to Operate Faculty Lecture: Nicholas Sgaglione, M.D.	
<b>8:50-9:00am</b>	Patellar Instability Update: Diagnosis and Management Including MPFL Reconstruction and TTO's Faculty Lecture: Jason Koh, M.D.	
<b>9:00-9:10am</b>	HTO's: Technique Options and Avoiding Complications Faculty Lecture: Annunziato Amendola, M.D.	
<b>9:10-9:40am</b>	Industry Workshops: Information Coming Soon!	
<b>9:40-1:00pm</b>	Cadaver Lab Session Procedures: Ligament Reconstruction and Cartilage Procedures Demos: <ul style="list-style-type: none"> <li>• Medial Side Anatomy and Reconstruction</li> <li>• Lateral Side Anatomy and Reconstruction</li> <li>• Pearls to Quadriceps Tendon Harvest</li> <li>• HTO and DFO Osteotomy</li> </ul>	

<b>1:00-2:00pm</b>	Lunch and Industry Workshop: Details Coming Soon!	
<b>2:00-3:00pm</b>	Patellofemoral Joint Pathology: Diagnosis, Management, and Innovation: Case-Based Presentation Moderators: Jason Koh, M.D., Christian Lattermann, M.D. Panel: Cole, Sherman, Bugbee, Vidal, McIntyre, Beach	
<b>3:00-4:00pm</b>	My Worst Case and How I Dealt with It Moderators: Kenneth Zaslav, M.D. Panel: Shelton, Richmond, Sgaglione, Plancher, Amendola, Vangsness	
<b>4:00-5:55pm</b>	Roundtable Discussion, Interesting Cases from Home Moderators: William Beach, M.D., Annunziato Amendola, M.D. Panel: Bonner, Sgaglione, Plancher, Richmond, Shelton, Koh, McMillan	
<b>5:55pm</b>	<b>Course Adjourns</b>	

**Thank you to all course faculty!**

Course Chairs

Nicholas A. Sgaglione, M.D.

Kevin D. Plancher, M.D., M.P.H

Master Faculty

John C. Richmond, M.D.

Faculty: Kevin F. Bonner, M.D., William D. Bugbee, M.D., Jason Dragoo, M.D., Alan Martin John Getood, M.D., Jason L. Koh, M.D., Bert R. Mandelbaum, M.D., Louis F. McIntyre, M.D., Sean McMillan, D.O., F.A.O.A.O., Seth Sherman, M.D., Armando Vidal, M.D., Kenneth Zaslav, M.D.

## Learning Objectives

At the completion of this course the participant will be able to:

1. Comprehend current controversies in primary and revision intra- and extra-articular ligament reconstruction including the variation of contemporary technique options available today.
2. Understand current meniscus and joint preservation strategies and techniques including controversial decision-making surrounding in-season athletes thru root tears in older patients.
3. Formulate appropriate treatment algorithms in the management of articular cartilage defects and pathology as well as to learn the latest surgical technique options available to address these problems.

## AANA Mobile App

This course will be available for participants to download at least *one week prior* to the course start date on the AANA Mobile app. It is available on [Android](#), [iOS](#) and [Amazon Kindle](#).

## Target Audience



The primary target audience for Advanced Knee Lab Course is AANA members and other healthcare professionals who desire to improve their arthroscopic knowledge, competence, performance, and patient outcomes.

### **Statement of Need**

AANA has determined the need for this live educational activity based on identifying professional practice gaps, previous course evaluations and the AANA Self-Assessment Examination. The educational content of this activity was based upon current issues and topics provided by AANA Planning Committees and Membership.

### **Continuing Medical Education/Credit Designation**

The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Arthroscopy Association of North America designates this live activity for a maximum of TBD *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*This activity may also help fulfill the Maintenance of Certification credit requirements mandated by the American Board of Orthopaedic Surgery.*